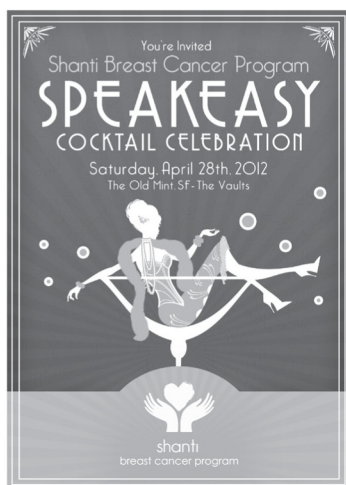




Shanti Voices

Spring 2012

Breast Cancer Spring Benefit: Speakeasy Celebration at The Old Mint



Shanti's Breast Cancer Program is pleased to announce Saturday, April 28th as the date for our annual benefit: A Speakeasy Celebration. This special event will be an opportunity to celebrate the courage of our clients, dedication of our staff and partners, and the accomplishments of the Shanti Breast Cancer Program as it marks its

eleventh year. We are incredibly honored to announce that Wells Fargo is a Benefactor sponsor for the event.

In step with our speakeasy theme, this year's benefit will be held in the nostalgic vaults of the "Granite Lady" - San Francisco's Old Mint (5th @ Mission Street). Guests will enjoy cocktails, hors d'oeuvres catered by Bi-Rite, an exciting silent auction, and music and entertainment. Dressing in your "Roaring 20's" best is encouraged (but not required). VIP attendees will be treated to specialty cocktails and custom-made tasting chocolates from 2PM to 3PM. An open bar reception follows from 3PM to 5PM.

The event comes at an exciting time for the Shanti Breast Cancer Program, which officially changed its name (formerly LifeLines) in late 2011. In addition to adding two new staff members, Diana Pang and Aileen Pak, this Spring, the program recently crossed the 1,000 clients served mark. The program's continued growth reflects San Francisco's ongoing need for compassionate service. The average Shanti Breast Cancer Program client receives our high intensity Care Navigation services for 22 months, including culturally competent navigation and advocacy from multi-lingual staff, and compassionate care from Shanti Peer Support

Volunteers. For many clients, Shanti is their sole source of advocacy and support during their treatment and beyond.

In addition to spirits, food and fun, the Speakeasy Celebration will include an inspirational program commending two Shanti Breast Cancer Program Heroes: Julie Baumgartner, former Shanti Board member, and Diane Carr, RN, NP, Director of Breast & Cervical Cancer Services for the San Francisco Department of Public Health. The event will be a wonderful opportunity to show support for this critical Program while meeting and mingling with staff, clients and a diverse group of program supporters.

Thank you to our additional event sponsors, some of whom include: Savoy Events, Betty Fu, EssenceByChocolate.com, Ninkasi Brewery, Remy Martin, The Old Mint and PSAV Presentation Services.

VIP tickets are \$125 and General Admission tickets are \$75. Please visit www.shanti.org or contact Ariana Katz at 415.674.4759 for more information about becoming a sponsor or to purchase tickets.

what's inside. . .



Pictures from Compassion is Universal 2011 on page 3.

The Honorable Senator Mark Leno with Lee Hawn (left)

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I was recently in Seattle (where I grew up) and naturally was often asked how work was going. At one point, I replied, in a tongue-in-cheek manner, “it’s certainly not an easy time

to be providing safety-net services in this country.” And even though I said this in jest, the fact is there is nothing funny about the increasing challenges the most underserved members of our community face today. This point was brought home to me poignantly the other day, when I received a phone call from Dave, a Shanti client. This was someone whom I had supported prior to becoming E.D., and he had called because he needed to share his frustrations, which were many. He was frustrated because as someone who receives support from many medical and social service agencies, he was fed up—he was fed up with not being treated with respect and dignity, with feeling unheard and with the growing pattern of services and programs he needs being reduced (if not cut altogether). Like so many of our clients, Dave has numerous challenges in addition to his health, and everywhere he turns, it seems as if services are fewer and harder to access.*

2012 marks Shanti’s 38th year of service to the community, and in many ways, we are indeed in uncharted territory. Yet, despite the challenges we face, I can’t help but feel great optimism and gratitude. This is due to the increasing and loyal generosity exhibited by our supporters, like you. Over the past 4 years, as so many other sources of funding have decreased, the support of individuals who understand the importance of Shanti’s impact continues to increase. I want you to know I’m humbled by your overwhelming kindness, and, together, I believe we will continue to be there for the increasing number of our most vulnerable neighbors who come to Shanti. I invite you to join us in our 38th year, so clients like Dave will still be supported in their greatest times of need.

*The client’s name was changed to protect his privacy.

Shanti C.A.R.E.S. 3rd Season Kick-Off



On May 5th, Shanti will kick off our 3rd season of Shanti C.A.R.E.S. (Compassionate Athletes Running to Enhance Services), a half-marathon training and fundraising program. The objective of Shanti C.A.R.E.S. is to raise funds and awareness on behalf of Shanti services while training to complete The San Francisco Marathon on July 29, 2012.

Participants of the Shanti C.A.R.E.S. program will be provided with a 12-week half-marathon training plan, professionally coached workouts and long runs, running-related educational workshops, a technical running shirt, fabulous fundraising incentive prizes, and will be a part of a motivated and positive group of runners in exchange for raising a minimum of \$1,300!

To learn more about Shanti C.A.R.E.S. and how to sign-up, please visit <http://www.shanti.org/pages/shanti-cares.html> or call 415-674-4712.

welcome

Spotlight on New Staff

Aileen Pak, *Wellness & Survivorship Coordinator, Breast Cancer Program*

Aileen joined Shanti in early 2012 as the Wellness Coordinator. Prior to Shanti, Aileen volunteered as a crisis and suicide prevention counselor at the Alachua County Crisis Center and as a research assistant at Baby Gator Child Development and Research Center, both in Gainesville, Florida. She has also worked extensively in animal health and rescue as a volunteer and veterinary technician for the Orlando Humane Society/SPCA of Central Florida, as well as in several other veterinary offices and animal hospitals in New York City and San Francisco. Aileen has a B.F.A. in Music and a B.S. in Psychology from the University of Florida.

Diana Pang, *Care Navigator, Breast Cancer Program*

Diana joined Shanti’s Breast Cancer Program in late 2011 as a bilingual Cantonese/English Care Navigator. Prior to Shanti, Diana worked as a program coordinator for the County of San Francisco Youth Commission and as the coordinator for the Transitional Age Youth Initiative. Her interest in bridging policy and practice led her into direct service as a family advocate for the San Francisco Unified School District. A San Franciscan native, Diana is the co-founder of a nationally recognized youth-run tour program, Chinatown Alleyway Tours. She currently serves on the board for the Chinatown Community Development Center and as an advisor to the Roots Project: Him Mark Lai Family History Project. Diana holds B.A.’s in Ethnic Studies and Social Welfare from the University of California, Berkeley.

Thank you to our wonderful current interns.

Breast Cancer Program—Drusia Dickson and Whitney Miley
HIV Services—Mikka Bauwohl and Rachael Martinez

Compassion is Universal 2011 at Hotel Nikko Shanti's 37th Annual Benefit

Thank you again to all of our generous supporters. Stay tuned for Compassion is Universal 2012.



*The Honorable Mark Leno presenting
Lee Hawn with the Charles A. Garfield
Volunteer Leadership Award in
memorium of Randy Allgaier*



*Mistress of Ceremonies
Janet Reilly*



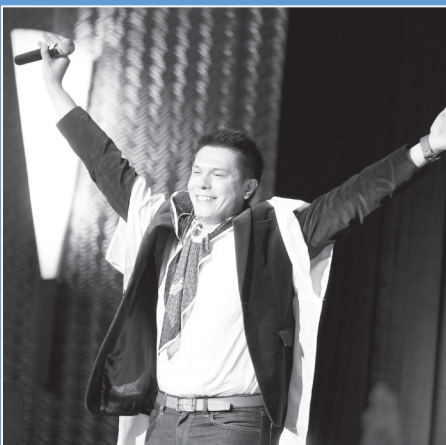
*Cindy Spring and Shanti Founder
Dr. Charles Garfield*



*Tim Irwin for Penfolds and community
activist Donna Sachet*



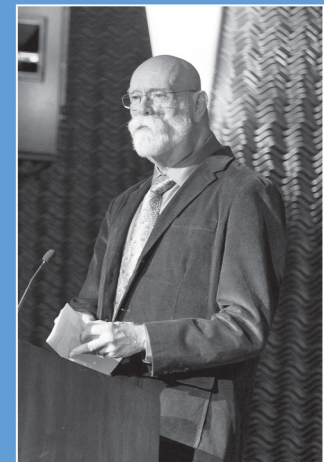
*Sally Carlson, Kent Mintzer, Tom Larsen,
and, Presenting Sponsor,
The Honorable James C. Hormel*



*Presenting Sponsor, Michael P. Nguyen,
performing a song during the
evening's program.*



*Renee Heidtman accepting
the Breast Cancer Client
Community Spirit Award*



*John Weatherman accepting
the James C. Hormel Client
Community Spirit Award*

Photography by Paul Rattay Photography

The Honorable James C. Hormel and Michael P. Nguyen Host an Appreciation Brunch for Shanti Staff and Volunteers

Shanti supporters, The Honorable James C. Hormel and Michael P. Nguyen, opened their lovely home in October to celebrate the success and hardwork of Shanti staff and volunteers. A delicious brunch was enjoyed by all and we want to thank Jim and Michael for an unforgettable day and their continued generosity!



Andrea Stilleson, Eric Sutter, and T.J. Lee



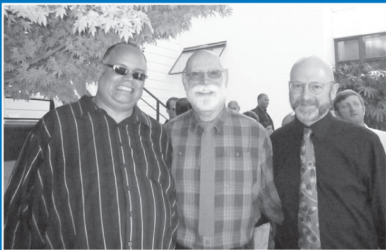
Brunch host Michael P. Nguyen



Ariana Katz



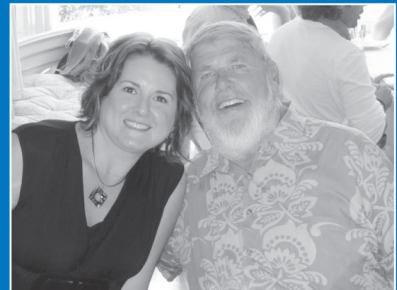
Nick Rubashkin, Drew Banks, Steve Evans, and Chris Murray



Karl Knapper, John Weatherman, and Louis Kelsb



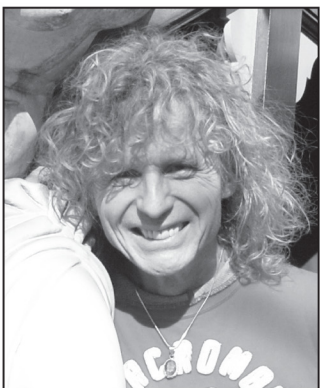
Alex Rivera, Miguel Bustos, and Julia Hill



Kimberly Snyder and Stu Smith

client spotlight

Patrick Ferry, L.I.F.E. Graduate and Peer Facilitator



Patrick went 20+ years without getting tested for HIV, hoping “it” would pass him by. He thought that knowing he was HIV-positive would be a self-fulfilling prophecy of death. But as he became more sick than scared he was forced to see his doctor. From that initial interaction where he first

asked for help, a train of support followed that he would never have imagined. Patrick contacted Shanti after seeing an ad for the Shanti L.I.F.E. Program®. He attended his first workshop that very night and his health started showing drastic improvements. He had no more infections, ten times the CD4 count as when he began, he gained back weight, and his viral load became undetectable.

Patrick says, “But far more importantly to me, I began to change and transform. The tools, information, awareness, and the overwhelming love and support of the wonderful, understanding, and caring team at Shanti’s L.I.F.E. Program® helped me find my real self again. I gratefully engaged in the program. And today I still come away with new insights and joys that propel my growth even further. I am now motivated to seek out even more opportunities for growth and have discovered a whole new path for myself. I have never been this happy and filled so much with the joy of life, and jump at opportunities to help others find it too. Each time I do, I come away with more than I give—what a profound lesson about giving, and this is just one lesson that Shanti and L.I.F.E. teaches.”

volunteer spotlight

Kristin Olson



Kristin Olson is one of Shanti's most active Peer Support Volunteers – she has been matched with her client for four years, she participated in Shanti's fundraising running program, Shanti C.A.R.E.S., last season, and is also one of Shanti's newest Peer Support Volunteer support group

facilitators. In her free time, Kristin enjoys running, swimming, reading and baking; she's even a member of Dairy Queen's Blizzard of the Month Club!

In the 4 years you have been matched, what would you say is your most memorable moment with your Breast Cancer Program client?

My client is from El Salvador, and we typically spend our weekly visits chatting, laughing, watching novelas or playing Loteria (bingo). My favorite moment was when we went to a Shanti picnic in Dolores Park. Food was provided, but my client insisted on bringing extra tortillas and other treats for the group, to show her thanks to Shanti. As we sat outside in the park that day, I remember her smile as we chatted, and how I realized she was in her true element: laughing and taking care of others. Her positive outlook on life is amazing.

What lessons have you learned from the work you do with Shanti?

Shanti has forever changed the way I listen to people (thank you training!). Most often in the day-to-day, taking charge and voicing opinion is the key to success. Shanti is a reminder of the power of simply being present for someone else. This never fails to help me keep things in perspective.

Last season, you participated in Shanti C.A.R.E.S. and successfully raised over \$1,300 in support of Shanti. Please tell us why you decided to participate, and what aspect of the program was most rewarding for you.

I enjoy running, and have done a few marathons for the pure challenge of it. Shanti C.A.R.E.S gave my daily runs a new meaning and purpose, and a much less selfish one. Most rewarding was the overwhelming generosity of my family and friends who supported me in reaching my fundraising goal.

Would you recommend the Peer Support Volunteer Program to a friend and why?

Yes, absolutely. Not only does the program make a difference in the community, but also has an incredible training weekend and support network. I can't think of a better way to dedicate your time to others.

shanti events

Thank You !



Board members Frank Petkovich and Emily Wilska with staff member Randan Price

Bisou generously hosted Shanti's 2012 happy hour kick-off in January.

Thank you to everyone who joined us!

Join us for our Spring Social on Thursday, April 12th at Tonic!!

Not only will this be a great opportunity to mingle with members of the Shanti community, but Shanti staff, board, and volunteers will be guest bartending and 100% of the tips will directly benefit Shanti.

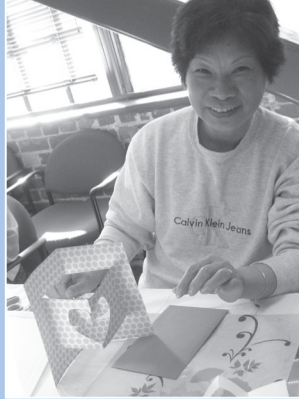
We invite you and your friends to join us at Tonic (2360 Polk Street @ Union Street) on Thursday, April 12th from 6pm-9pm and let us pour you a drink! We hope to see you there!

Breast Cancer Program Clients Enjoying Free Workshops

Breast Cancer clients enjoying our free art healing and educational activities held throughout the year



Greeting card making class.



Jewelry making class



Nutrition classes



Photo of Breast Cancer Client Wins 2nd Place in “Through These Eyes” Photo Contest

“Through These Eyes” was a student exhibition and auction of photography supporting the mission of the Richmond/ Ermet AIDS Foundation (REAF) with proceeds benefiting Shanti, Pets are Wonderful Support (PAWS), Larkin Street Youth Services, Maitri, and Positive Resource Center. The event was organized and sponsored by Jordan, Miller & Associates, The Bay Times, Use the News Foundation and Joan McLoughlin. Noa Grant won 2nd place for her “Cancer Has No Face” photo of a Shanti breast cancer client at an event at The McLoughlin Gallery on October 27, 2011.



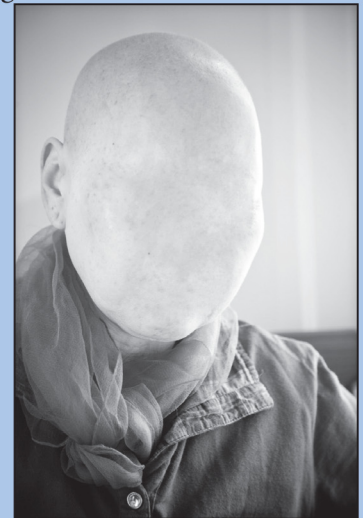
“When I was notified that I was assigned to photograph a Shanti Breast Cancer patient I missed a heartbeat. My mom died of breast cancer at the young age of 51, and facing this task really hit home for me. The first memory that sprang to my mind was going with my mom to find a wig as she was going through chemotherapy.

With these memories, I went to photograph Ms. Li, a woman in her sixties who was originally from Hong Kong. Ms. Li had just completed her chemotherapy

treatment. I met her at her cozy Shanti-provided room. I spent the majority of our time together photographing Ms. Li looking beautiful, wearing a hat and a wig, smiling. When I felt that she was trusting me and feeling at ease, I asked her to remove the façade and show me her cancer-iconic scalp. I wanted to show that she was dignified person with real life outside the disease, but at the same time show the elements that the disease brought into her life.

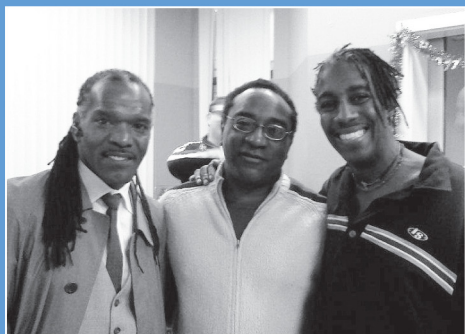
As I processed the photos at home, I was angry at the disease that took away my mom, that invaded into precious Ms. Li’s life. I thought about how cancer attacks at random, and that the bald head could be mine, it could be yours, it could be just about anyone’s. To make this point, I used Photoshop to remove Ms. Li’s facial features from her portrait to create Cancer Has No Face.”

Reprinted with permission from The Bay Times, November 17, 2011.



*Cancer Has No Face
by Noa Grant*

HIV Services Holiday Party



Jesse Brooks, Shanti staff member Derrick Mapp and Terrance Blackman



The holiday feast was donated by Safeway



Ms. Billie Cooper performing with Shanti Staff member John Olesen



Volunteer regular Paul Martin

Celebrating the Academy Awards with Academy of Friends



Shanti is proud to be a beneficiary of Academy of Friends again this year. The Scandalous gala (www.academyoffriends.org), celebrating the Academy of Awards, took place on Sunday February 26th at the San Francisco Design Center Galleria. Thanks to

this annual gala, Academy of Friends has given more than \$164,000 to Shanti over the years.



Board Chair Stu Smith and Shanti staff member Ariana Katz at a kick-off event for Academy of Friends at Bubble Lounge

Leave a Legacy — Remember Shanti in your Estate Plan

One way to ensure continued support of Shanti is by making a planned or legacy gift. Legacy gifts enable donors to meet both their personal financial objectives and their charitable giving goals at the same time. Legacy gifts may be made with cash, stocks, and/or real or personal property and may involve tax benefits and life income alternatives. You can even name Shanti as the beneficiary of your life insurance plan or retirement plan.

Over the past 3 years, we have received nearly \$150,000 in legacy gifts. Every gift, both large and small, helps to enhance the quality of life, health and well-being of people living with life-threatening illnesses.

Thank you for considering including Shanti in your estate plan. If you have any questions regarding legacy giving opportunities please contact Randan Price at 415.674.4723 or rprice@shanti.org.

board profile

Emily Wilska



Emily Wilska has been a peer support volunteer and matched with the same client for 11 years. She joined Shanti's board in February of 2009 and currently serves as the Board Secretary.

How did you first hear about and get involved with Shanti?

Back in the fall of 1997, a friend talked me into joining her in volunteering for a

Halloween party Shanti was throwing for the children of its clients. At that party I met Kris Johnson, the volunteer coordinator, and she chatted with me about the upcoming peer support volunteer training. In short order, Kris enlisted me for the training, and I was hooked.

Tell me about someone who or something that has influenced your decision to work with Shanti.

Before I moved out to San Francisco in 1997, I saw "And the Band Played On," the movie based on Randy Shilts' book. Seeing how strongly HIV/AIDS had impacted the city made me determined to somehow be involved in doing what I could to improve the lives of those fighting the disease.

To which part of Shanti's mission do you feel the most connected?

I agree so strongly with the idea that no one should have to face serious illness alone. It's such a simple concept, but also such a powerful one, and one that can make a major impact. Imagine if no one had to try to navigate the confusing maze of appointments, treatments, expenses, and health challenges of life-threatening disease on his or her own: we could make such a difference in so many lives.

You have served as a peer support volunteer and the Board Secretary for a few years now, what would you tell someone who is thinking about volunteering?

If you're interested in serving as a peer support volunteer, consider a match with someone who's not like you. The client I've been matched with for the past 11 years and I don't share a gender, nationality, native language,

or religion, but our relationship is strong and enduring, and I've learned so much from him during our time together.

For folks who are considering board service, don't be deterred if you don't have a history with Shanti or don't yet know much about the organization. Two of the most important traits of a good board member are a strong connection with our mission and a belief in the value of the services we provide to the community; you don't need to have been involved with Shanti previously to have those.

What do you do when you're not volunteering for Shanti?

I keep busy with both a full-time job as a technical writer for Salesforce and as the owner of The Organized Life, a professional organizing company. In my slivers of free time, I love making and enjoying cocktails, exploring off-the-beaten-path parts of San Francisco, and reading whatever I can get my hands on.

Who inspires you the most? Why?

Definitely my parents, who have been active in their communities for as long as I can remember. I recall, among other things, tagging along with my Dad on his work helping refugees from Southeast Asia get resettled in our area in the 1980s. [My parents] definitely passed along to me the belief that if you believe things should be better than they are, you need to work to make it so.

shanti in the community



Board Member Alex Rivera and Executive Director Kaushik Roy with Congresswoman Barbara Lee (center)

Mark Molnar is New Director of HIV Health Services Planning Council



Mark Molnar, former Director of HIV Programs, marks his 11th year employed at Shanti with a new position as Director of the HIV Health Services Planning Council. The Planning Council is a consumer advisory board that works to determine the needs and services of people living with HIV/AIDS. It also

serves to direct the San Francisco Department of Public Health on how to spend Ryan White funding.

Mark began his career in policy and advocacy in San Diego where he worked with groups such as Queer Nation and Act-Up/San Diego, helping found the latter. His awareness of homophobic attitudes and ignorance around HIV/AIDS issues in his community served as inspiration to get involved.

Continuing his desire to serve after moving to San Francisco in 1994, Mark went through his first Shanti training to become a peer-support volunteer.

Mark says “The training was a life-changing experience. It literally adjusted how I look[ed] at things and how I wanted to move around in the world. Prior to that Shanti training, I’m not sure I fully grasped what the concept of “empathy” even meant; after the training, it became a continual personal and professional goal to be empathetic and to enact the Shanti model whenever possible. It has truly improved my life and my ability to communicate with people, in both professional and personal circles.”

As a dedicated peer support volunteer, at times juggling multiple clients, Mark was awarded the Volunteer of the Year and became a regular Shanti training facilitator. In 1999, Mark joined Shanti staff as the St. Mary’s Shanti Peer Advocate. Since then he has functioned in various roles: Care Navigator, HIV Services Manager, HIV & Volunteer Services Manager, HIV Services Director, HIV Programs Director, and currently the HIV Planning Council Director.

Shanti Wins Kaiser Permanente’s 2011 HIV/AIDS Diversity Award

In recognition of Shanti’s work in HIV/AIDS prevention and care, Shanti received Kaiser Permanente’s 2011 HIV/AIDS Diversity Award. Kaushik Roy, Executive Director, received the award on Wednesday, Oct. 26, 2011, at Kaiser Permanente’s 34th annual National Diversity Conference in San Francisco, California. Shanti was recognized along with Christie’s Place of San Diego and Metro TeenAIDS of Washington, D.C.

Recipients of the award have worked to decrease HIV/AIDS healthcare disparities and have developed HIV/AIDS care practices or prevention methods that are replicable. They have found effective and impactful HIV/AIDS prevention and/or care strategies to curtail the spiraling rates of HIV infection and AIDS. Furthermore, they are active in their community, collaborating on efforts in HIV/AIDS prevention and care. Shanti counters HIV/AIDS disparities by using trained volunteers and teaching self-management skills.

“We are honored to receive this award and grateful for our long-standing partnership with Kaiser Permanente,” says Mr. Roy. “Being recognized for the HIV/AIDS Diversity award is a testament to our incredibly dedicated and hard-working staff and volunteers who are selflessly committed to the our clients.”



Executive Director Kaushik Roy accepting the 2011 HIV/AIDS Diversity Award from executives at Kaiser Permanente



Shanti was honored to receive a Kaiser Permanente Diversity Award along with Christie’s Place of San Diego and Metro TeenAIDS of Washington, D.C.

board

Our Board of Directors

Phillip Bokovoy, *Ex Officio member, Shanti's Development Director and CFO*

Tracy Curtis,
Wells Fargo Bank, SF Regional President

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Independent Marketing Consultant

Ernesto Quintanilla, *Resources Global Professionals Consultant*

Alexander Rivera,
Achieve Foundation Program Assistant, HIV Services Volunteer

Kaushik Roy, *Ex Officio member, Shanti's Executive Director, Former Director of Volunteer Services*

Angie Ryan, *OpenTable, Senior Manager, Online Marketing, Former HIV Services Volunteer*

Stu Smith - Chair, *Tin Pan Alley Productions, Executive Director; Community Activist*

Chip Supanich, *Shanti Client and Volunteer; Community Activist*

Keith Waltrip, *HIV+ Community Activist*

Emily Wilska - Secretary, *The Organized Life, Principal, HIV Services Volunteer*

thank you

Donors from Calendar Year 2011 (January 1, 2011 – December 31, 2011)

\$50,000+

Avon Foundation Breast Care Fund
Genentech Foundation
UCSF's California Breast Cancer Research Program

\$25,000-\$49,999

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The Honorable James C. Hormel and Michael P. Nguyen
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\$1,000-\$4,999

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\$500-\$999

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Dennis Paul Stradford
Richard F. and Barbara L. Stranzl
John Turco, Jr. and Nicole Berlureau
Under One Roof, Inc.
Dorothy M. Wise
Richard Zitrin

\$250-\$499

Philip Abrahamson and Dana Shelley
Martha Fay Africa
Raffael E. Alva
David Ammons
Dan Andrade and Mark Chapman
Saurabh Bajaj
Heidi Baldwin
Drew Banks and Nick Rubashkin
Troy Barber
Katharine Beckwith
Brad Beedle
Jeff Berry and Eric Politzer

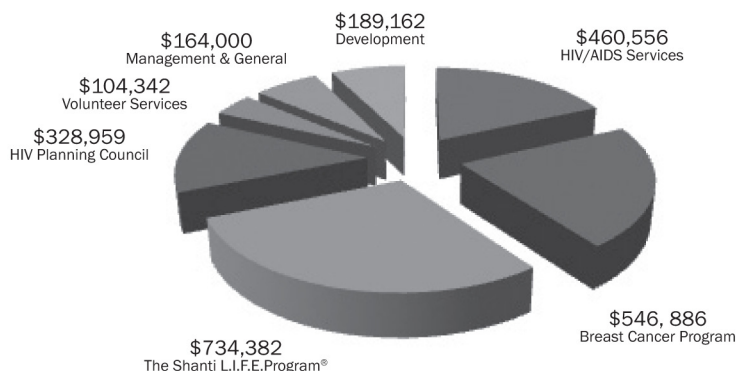
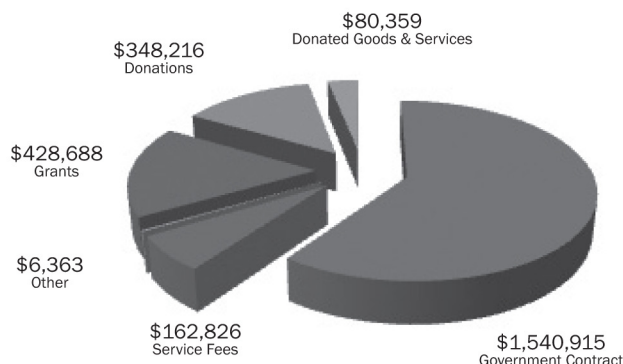
Continued on page 11.

2011 Financial Report

audited by Noe and Company, fiscal year ending 30 June, 2011

\$2,567,367 Income

\$2,528,287 Expenses



\$250-\$499 continued

Deanna Brown and Victoria Hoven
Tyler Brown
Julier Busulwa
Raffaella Caldei
Juan Camacho
Maria Caprio
Carl Robert Abendroth Memorial Fund
Sally Carlson and Karl Keesling
Gina Casagrande
Celebrated Chefs
Dawn Chandler and Jeffrey L. Gould
Richard S. Chapura
Jane Ching
Mary Cathy Sisneros Chung
Lia Cicuto
Jill Cingolani and Jenifer Cochran
Chip Conley
Richard A. and Roberta Cummings
Beverly G. Davis
Drusia Dickson
Lynna Do
Mark Drake and Michelle Idell
John Farias
Alan Farley
Kim Ficera

Mary C. Frye
AnnaMary E. Gannon
David and Diane Goldsmith
Cécile Gouffrant and Michael McKenna
Julie Gouffrant
Arthur Greenland
Timothy J. Gullicksen
John Haesemeyer
Lucy Hanley
Krisztina Hannington
Megan Hansen
Jennifer Harrell
Lee Hawn
Laura Hayes
Allan and Nancy Herzog
Hewlett-Packard Company Foundation
Jeffrey Hill and Max de los Reyes
Jerry and Sky Hill
Michael Hovis
Ronald Hummel
John Jakubowski and Abbey Banks
Martin Kaufman
Ann H. Kim and John Wooley
James F. King
Lara Kollios and Tom Rector
William Kwan
Joseph and Bonnie Langner
Rhonda Laugeson
Jeffrey C. Leider

Jeffrey M. Leiphart, PhD
Mark Leno
E. Steve Lichtenberg, MD and Betsy S. Aubrey
Paul Lindstrom
John Lipp
Marilyn Livingston
Sean C. Luse
Steve Malloy
Karla Mancía
Fernando Martinez
Gabrielle Mayer
Jennifer L. McHugh
Michael and Brigetta McLafferty
Manuel Merjil and Paul Cerri
Robert S. Michitarian
Andrew B. Morrall
Milton Mosk and Tom Foutch
Nancy Pelosi for Congress
Matin Nazir
Noe & Company
Ethan Oberman
Mark O'Brien
Mr. and Mrs. Dale A. Olson
G. Scott Osten and Ralph J. Torrez
Paul Popenoe Jr.
Jonathan Patrizio
Kathryn Elizabeth Patterson
Robert Pin
Pressley Family Fund

Maximiliana Prieto and Carlos Ruiz
Larry Rand
Diana Ratcliff
Thomson Reuters
Karen L. Rhodes and Robert Weiner
Edward Van Roden
Luke Romero
Virginia Saifer
Jeanne Sauer and Mark Bryson
Donald Schmidgall
Janet A. Schultz
Colin Shaff
Paul G. and Dusdee V. Shippen
Joseph Victor Sieger
Molly A. Singer
Tanya Slesnick
Marshall L. Smith, Jr. and Gerri Twomey
Wayne Sobon
Angelina Spokes
Mark T. Stafford
Dawn Stark
Paul Stevens
Amanda Swain
Marc and Kristi Tatarian
The Thorn Family Rev Trust
Jeffrey A. Thorpe
Beatrice A. Tocher
E. Carmen Torres
Trayce Turner

William Jeff Waldon, III
John Washko
William Weber
Philip S. and Veronica Weismehl
Priscilla Wetmore
Amy Young
Veronica Young and Jacob Moss
Peggy and Lee Zeigler
Dale Zink and Howard Evans
Ursula Zopp and Alix Henderson

Government Funding

City and County of San Francisco
Mayor's Office of Housing
San Francisco Department of Public Health

Thank you to all of our generous in-kind donors!

We sincerely apologize for any accidental omissions or misspellings. Please contact Ariana Katz with comments at 415.674.4759 or akatz@shanti.org.

wish list

In-kind donations for clients and our Shanti office

Laptops
Projectors
Color Laser Printers
Flatscreen Computer Monitors
Soothing Music CD's
Ergonomic Computer Chairs

support

Creative Ways to Support Shanti

DONATE YOUR CAR! Just call 888-SHANTI- 4 (888-742-6844) to speak to a representative. You can also donate online by going to www.pages/shanti-ways-to-donate.html. When you donate your car, you avoid the costs associated with selling or maintaining your car while helping your favorite cause. You are entitled to receive a tax deduction equal to what the vehicle is sold for if you itemize your deductions.

COMMUNITY THRIFT: You can take in kind donations to Community Thrift Store and tell them to credit Shanti. Please see their website for details on acceptable donations and donation hours: www.communitythriftsf.org. Call them at 415.861.4910 and visit them at 623 Valencia Street.

If you know of a bar that would like to host a happy hour fundraiser for Shanti, please contact Ariana Katz at 415.674.4759 or akatz@shanti.org.

connect

Help build a community of compassion – connect with us today!

Stay up to date on Shanti's programs, events, stories and more by joining our email list. Sign up on our homepage: www.shanti.org and while you're at it, check out our blog.

Become a fan of "Shanti Project" on Facebook, or follow us at @shantiprojectsf on Twitter.



Thank you – your participation strengthens our community.

Spring Into Compassion

730 Polk Street
San Francisco, CA 94109

Tickets for Shanti's Breast Cancer Program 11th Anniversary: *Speakeasy Celebration*
Now on sale at www.shanti.org/pages/breastcancer-11-years.html

Ongoing Activities and Workshops

calendar

L.I.F.E. (Learning Immune Function Enhancement)

L.I.F.E. Health Workshop Cycle 32 (Begins 4/10)

TBA. Call Karl at 415-674-4706.

Latino L.I.F.E. Cycle 6 (Begins 3/05)

TBA. Call Karl at 415-674-4706.

L.I.F.E. Experience

Wednesday Evenings. Call John at 415-674-4713.

Yoga for HIV-Positive Health

Tuesdays, 4:15 – 5:30pm. Call 415-674-4713.

L.I.F.E. Hep C Survivors Group

Monday Afternoons. Call John at 415-674-4713.

VOLUNTEER SERVICES

Our next Peer Support Volunteer Training is scheduled for **March 23-25** and the evening of **March 28**. For more information, please visit www.shanti.org or contact Volunteer Services at 415-674-4712.

Shanti will be hosting a social at Tonic (2360 Polk Street at Union Street) on **Thursday, April 12th** from 6 pm until 9 pm. Shanti volunteers, board, and staff will be guest bartending, with all of the tips directly benefitting Shanti!

HIV SERVICES

Drop-in Center & Service Hours

Tuesdays 9:30am – 11:30am

Wednesdays..... 9:30am – 2:30pm
(Drop-in Services only, no lounge)

Thursdays 9:30am – 12:30pm

Health Chat

Tuesdays..... 11:30am – 12:30pm

Vent: A support group for clients

Wednesdays..... 10:00am – 12:00pm

Haircuts

Wednesdays.... 10:00am – 12:00pm (alternate weeks, please call 415-674-4754 for details)

SPCA Therapy Dog Visits

2nd and 4th Thursdays of the month.
11:00am – 12:00pm

Women Experiencing (W.E.):

A Safe space for all women

Fridays 10:00am – 12:00pm

Movie Night

3rd and 4th Thursday of the month 5:00 – 7:30pm
HIV Services is closed Monday – Friday, 1:00pm – 2:00pm

Activities

Shanti offers clients the opportunity to enjoy some of the Bay Area's interesting activities and events while socializing and establishing connections with their peers. The Activities Program is available to clients Tuesday through Friday from 10am-12pm.

Call 415-674-4743 for more information.

BREAST CANCER PROGRAM SERVICES

Care Navigation

Monday through Friday 9:00 am – 5:00pm

Upcoming Breast Cancer Wellness Workshops

(contact Aileen Pak 415-674-4774 to register)

Nutrition classes in English (Nishanga Bliss), Cantonese (Esther Situ) and Spanish (Marynieves Diaz-Mendez); Light Fare Snack Workshop w/ Whitney Miley, Six-Week Qi Gong Series w/Christie Sekino; Jewelry Making Workshop w/Margery Knyper; Medicinal Herbal Tea Workshop w/Andrew Thomas; and Cultivate Authentic Happiness w/ Stephanie Shippen, PsyD.

Reiki

Wednesdays w/Deena Berger

Massage

Every Tuesday w/Jude Fauconnier

Yoga

Yoga w/Renee Heidtman is at The Mindful Body (415-681-4325) every Wednesday from March 7 - June 27. Clients can just drop-in and do not have to register.