

# ECLIPSE

WINTER 1992

THE SHANTI PROJECT NEWSLETTER

415/777-CARE; (TDD) 415/495-7495

*Housing Program Opens Apartment Building for PWAs*

## SHANTI PROJECT'S AIDS HOUSING DOUBLES

Being placed on a wait list for affordable housing has been a harsh reality for many people with AIDS in San Francisco. Unable to afford San Francisco's high rents, many have been waiting for housing for months, unable to work, dangerously close to homelessness.

Shanti Project has helped to alleviate this problem since 1983 by providing comfortable, low-cost housing through its pioneering Housing Program. The largest provider of housing for people with HIV/AIDS in San Francisco, Shanti's Housing Program has made housing available for more than 130 people each year. In addition to its 16 independent-living residences located throughout the City, Shanti offers rent subsidies to 14 traditional and non-traditional families as well as 13 youth affected by AIDS. Special residences serve women, Spanish-speaking Latinos, and those in need of 24-hour care. Shanti's HIV Housing



*Shanti House, formerly Americana Suites, opened on November 30th to provide housing for people with AIDS. Photo: Peter Niland*

Network has helped more than 800 individuals access available housing offered to people with HIV/AIDS by private and public housing sources in San Francisco.

But, this has not been enough! The housing problem for people with AIDS is so immense and critical that as many as 160 people have waited months on Shanti's waiting list – some have died before receiving housing.

On November 30, 1992, the largest AIDS housing facility in the nation was dedicated – Shanti House – providing, at any one time, homes for 65 people with AIDS.

Built in 1911, this attractive six-story building features primarily studio apartments and is conveniently located at the intersection of San Francisco's Market and Franklin Streets. The building has been well maintained and was recently upgraded prior to becoming a mid-priced tourist hotel.

Sixty units in Shanti House are private, one-person suites. Most include sitting rooms as well as a bedroom. All are

*(continued on page 7)*

PLEASE REMEMBER TO  
DESIGNATE **SHANTI PROJECT**  
ON THIS YEAR'S



**UNITED WAY**  
CAMPAIGN PLEDGE FORM

Just write in Shanti's  
agency code number: **3184**  
and the amount of your gift under  
item "C" on your pledge form.

## Premiere Series Combines Star-Studded Evenings and Support for AIDS Housing

The Shanti Premiere Series, now in its fifth season at the Golden Gate and Curran Theaters, offers Shanti subscribers performances of the best of Broadway and off-Broadway shows, the most desirable seating, and lavish post-show cast parties at some of San Francisco's finest night spots.

In past seasons, subscribers have been captivated by productions of the beguiling *M Butterfly*, Tommy Tune's award winning *Will Roger's Follies*, and Sir Ian McKellan's historic performance in *Richard III*. Following each performance, Shanti's Premiere Series subscribers enjoyed parties with the stars. Subscribers won't soon forget "raising a glass" with Sir Ian following *Richard III* at San Francisco's newest theater district establishment, La Scene. The current Premiere Series continues in January, 1993, when Marlo Thomas appears at the Curran Theater in John Guare's comedy of mistaken identity, *Six Degrees of Separation*. In February, one of the best-loved American musical comedies of all time, *Guys and Dolls* – with Lorna Luft as the "forever sneezing" Miss Adelaide – will top the

*(continued on page 2)*



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**DEC 1992, JAN/FEB 1993**

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Eric E. Rofes

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Zack Edison, Thomas Heinzer, Peter Niland,  
Gloria Swanson, Janet Van Ham

Shanti is a Sanskrit word meaning "inner peace." An eclipse is the passage from light to darkness to light. For Shanti Project, it represents the process of change brought about by illness, grief, and the understanding and hope that people living with AIDS experience from the work of volunteers who bring their love and support.

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### MISSION STATEMENT

Shanti Project is a nonprofit organization serving people with HIV disease and their loved ones, primarily in San Francisco. Our aim is to enhance the quality of life and independence for people with HIV disease, while reducing their need for institutional care.

Shanti's services are provided by trained volunteers and staff and include client advocacy, emotional support, hospital-based counseling, housing, practical assistance, recreation, support groups, and transportation. Shanti is committed to serving HIV affected people from all communities while abiding by the highest ethical and nondiscriminatory standards in all our activities and programs. We aim to support the human rights and dignity of people as they find their own solution to the challenge of HIV disease.



Sharing in United Way Funds

*From the Executive Director*

# Finding Hope In 1993

*Eric Rofes delivered this address following the presentation of awards at Shanti's Fourth Annual Dinner on October 15, 1992.*



*Photo: Janet Van Ham*

**T**hank you for being with us tonight to honor these individuals and celebrate Shanti Project. Our dinner has no long speeches, no stars, no politicians. We bring ordinary people forward and make them the focus of this event because Shanti is about ordinary people doing extraordinary things under circumstances we never imagined we'd have to face.

And this year, we have entered a new and difficult landscape. Often we don't admit it to ourselves; we usually can't talk about it to each other. But, as the epidemic deepens in our City, we have begun to find hope very hard to come by.

This is the difference between AIDS work in 1987 and 1993 — we find ourselves wandering through a stark wasteland where the very things which used to keep us going now bring on despair. We have marched in a million demonstrations, and still our leaders are silent. We have applauded every new treatment, and still our friends die. We roll wheelchairs through hospital hallways, wear red ribbons on our lapels, and give money to every AIDS fundraiser, yet we feel powerless to bring a halt to this epidemic.

How do we keep hope alive amid all of this? How do we keep going when *Time* magazine arrives in our mailbox with their annual AIDS cover story and it's titled "Losing the War"? How do we continue believing that survival is possible when we see Surgeon General Koop on our television telling us that a cure will never be found?

After a dozen years, we are at the same place where others who have faced cataclysmic tragedies have had to fight against profound despair. In South African townships, in German concentration camps, in the killing fields of Southeast Asia — how does the human spirit find a way to still hope?

This is the work of Shanti Project in 1993. We still house people and take them to medical appointments and provide volunteers to cook and clean. We still provide people with AIDS with recreation programs, support groups, and someone to sit by their bedside in the hospital. But in 1993, so much of our work is to provide hope during a time when to many people, hope seems impossible.

Hope has taken on new meaning for me and for many of us at Shanti Project. Our expectations have changed; our dreams have been modified. We want things which are simpler, gentler, more humble than we'd wanted before the epidemic began.

Hope today has the hand of ordinary people who feed spoonfuls of oatmeal into the mouths of strangers. Hope wears the clothing of activists who march through the streets, challenging our nation to do more. And hope has the face of each of us in this room as we come together to link hands and lead each other forward and out of the wilderness of despair.

*Eric E. Rofes*

Eric E. Rofes

## PREMIERE SERIES (Continued from page 1)

season at the Golden Gate Theater. Season subscriptions for this two-show series ranges from \$60 to \$125 for both the show and reception.

For information, ticket reservations, and corporate group sales contact Elaine Jennings at In Any Event, 415/584-3354, or Mark Fantone at Shanti, 415/777-2273, weekdays, 9-5.

# Hardworking Volunteers Keep Activities Program Humming

Shanti's Activities Program offers an exciting variety of recreational and cultural events to people living with HIV/AIDS. Last year, more than 2,500 men, women, and children participated in Shanti's Activities program. In just one month recently, participants received more than 2,700 free tickets for movies, cultural, and sporting events. Shanti clients also go bowling and river rafting, take trips to Marine World or the De Young Museum, travel on overnight getaways to the Russian River or the Santa Cruz mountains, and enjoy singles parties, picnics, and seminars.

The Activities program depends on a large group of volunteers to plan, coordinate, and staff its events. One of these hardworking volunteers is introduced to you here.

Chris Martinez has worked as an office volunteer for several months with Shanti's Activities Program and has used his creative talents to make the program's events more festive. Before he was diagnosed with AIDS, he had worked a number of years in the food and beverage industry, first as a waiter, then in management. He was always very active, but his career ended upon his diagnosis and illness.



Chris Martinez at work in the Activities Office. Photo: Peter Niland

"So much was taken away from me when I became ill," Chris remarks. "I lost more than just a job, I lost a lot of friends back in Boston where I'm from. Being active and on my feet, my energy, my contact with people — it was all taken away by this illness. Then I moved to San Francisco. I started volunteering with the Activities Program the first week after I moved here and I really enjoy it."

"It gets me out of the house and gives me something to do," he continues. "I work a four-hour shift, not

a full working day, so it doesn't sap my energy. It gives me a lot of dignity, perhaps because here I can make choices and help others make choices. Even though I'm disabled and not getting a pay check, the sense of doing something good for others is there. It's like a service and I still have people-contact, and that feels good."

To donate tickets, coupons or passes, please call Richard Chavez, Activities Program Director, at 415/777-CARE, M-F, 9-5.

*"Bravissimo! And thank you for fulfilling a dream of mine ... you told me you had two tickets left for an opera. Of course my eyes lit up like diamonds! So I called up the next day and I was off to see Boris Godunov."*

— Tony, Activities Program Participant

## SHANTI HAPPENINGS



Volunteers and people with AIDS who were honored at Shanti's Fourth Annual Dinner and Awards Ceremony at the Grand Hyatt in October include: Joey Benko (front), Richard Goldman, Victor Florez, Father Robert Arpin, Kevin Brooks, and Rebecca Denison (left to right). Not pictured: Mary Kennedy. Photo: Gloria Swanson

Each year Shanti Project presents a joyous **Winter Celebration** to recognize the dedication and commitment of its volunteers. On December 13th, Shanti staff, board members, and friends joined hundreds of volunteers and their guests at St. Mary's Conference Center for seasonal cheer, a banquet catered by Project Open Hand, entertainment, and "A Special Evening with Special Friends."

A series of monthly workshops began in September to help Shanti volunteers learn more about important issues facing them and their clients. The series, called "In-Focus," includes discussions led by specialists in the subjects of dementia complex, suicide, substance abuse, and avoiding burn out for caregivers. These important advanced trainings will continue in 1993.

Join the Shanti Project contingent at the **1993 March on Washington for Lesbian, Gay and Bi-Egal Rights and Liberation** on April 25th. For more information and to make travel and hotel reservations, call Bert Bloom at 415/777-CARE, M-F, 9-5.

**Washington DC  
APRIL 25, 1993**



**DON'T MISS  
THIS ONE!**

The Board of Directors is pleased to announce that Shanti Project's 1992 Annual Report will be released at its **Annual Meeting**, scheduled for March 18, 1993. This year's meeting will be held at Levi Strauss Headquarters, 1155 Battery Street, San Francisco, beginning at 5:30pm. The public is encouraged to attend.



Members of one of Shanti Project's 28 facilitated support groups pose for the camera. In October, a training was held for new support group facilitators. These new support groups are specially targeted for gay/bisexual men of color, transgendered persons with HIV, persons experiencing multiple loss, women with HIV, HIV-negative gay/bisexual men, heterosexual men with HIV, and other communities as the need arises. Photo: Peter Niland

*Shanti Merges Emotional and Practical Support*

# Combined Programs Offer Improved Services

In 1974, Dr. Charles Garfield organized a group of volunteers to provide emotional support to people with life-threatening illness and to their loved ones. This original mission has not changed over the years as Shanti Project has continued to provide emotional support to people with AIDS. Shanti has initiated new support programs as dictated by the needs of its clients and as funding has permitted: practical support, hospital counseling, housing, transportation, and an activities program.

In the early 1980s, an AIDS diagnosis was often coupled with a prognosis of weeks or months to live, and that time would often be fraught with medical crises. Fear, despair, anger, and depression usually followed such a prognosis. This "emotional roller coaster" made peer support an important part of caring for people with AIDS.

The Emotional Support Program trained volunteers to meet these needs and to serve those most impacted by AIDS — at first, mostly gay and bisexual men. Emotional Support Volunteer Trainings were intensive and volunteers were well prepared to deal with the many emotionally charged periods they might share with their clients. The program also included a number of peer support groups which offered a safe environment where people with AIDS could talk to others struggling with similar issues. Lovers, families and friends dealt with issues such as loss and grief in their own groups.

Shanti's Practical Support Program was established when it became obvious that people with AIDS needed assistance with tasks a healthy person takes for granted such as shopping, cooking, cleaning. Clients usually asked for such support only when, energy depleted and health deteriorated, they felt they could no longer handle daily survival tasks.

Typically, care for a person with AIDS — living at home, having survived hospitalization with a severe illness, debilitated from fighting a number of infections, and harsh medication regimens — is provided by his or her lover or family and friends. Assistance in this task from a Shanti Practical Support Volunteer not only meant care for the person with AIDS, but assistance for the caregivers.

During the past few years, Shanti has served increased numbers of persons who have virtually no support or caregiver network due to the deaths of friends and lovers. Often, a Shanti volunteer *becomes* the entire support network for a person with AIDS.

As most practical support volunteers will tell you, at some point clients will want to "unload." Because this has so often been a part of the volunteer's relationship with the client, it was important that Shanti's Practical Support volunteer training included basic emotional support counseling skills.

Emotional Support and Practical Support were individual and separate programs at Shanti Project for nearly ten years, but as clients' needs changed and more diverse communities were challenged with increasing numbers of diagnoses, it

became necessary to take a look once again at how well clients were being served.

The first outcome of this analysis began in 1989 with Shanti's Multicultural Plan. After two years of preparation and with funding from the federal Ryan White CARE Act, Shanti began, in 1991, providing its excellent services, through its new Crossings Program, to women and children, people of color, the poor and homeless, and substance abusers.

During that year, Shanti's Emotional Support and Practical Support Programs were combined into one department named Volunteer Services. Then, beginning in April, 1992, Emotional Support and Practical Support trainings were combined. This new Volunteer Services Training prepares volunteers to provide either emotional or practical support, or a combination of both, according to individual clients' needs.

Volunteer Services has several other components providing services to specific populations and specific needs:

- At present, more than 25 facilitated support groups meet weekly.
- Programs providing practical and emotional support services to Latinos and Native Americans infected with or affected by HIV have been added to the Volunteer Services Program during the past year.
- A clinical program evaluates client needs and makes appropriate referrals when those needs exceed the skills of volunteers or require professional assistance.
- Shanti's home care skills program provides guidance for caregivers to assist them in their difficult task.

Although the combined training had been planned for more than a year and input on the proposed changes was sought from volunteers, staff, and board members, some long-term volunteers were dismayed with the changes. They feared that, with the combining of the programs and trainings, the "heart" of Shanti was being shortchanged. But as Shanti's founder, Dr. Garfield, reminded *Eclipse* readers in an earlier period of turmoil, "It is important to remember that in work such as this, work that evokes very powerful emotions, there will always be strong differences of opinion. What is necessary is that we have the courage to meet the challenges and that we focus on continuing the work in as compassionate and clear a manner as possible."

In the final analysis, Shanti's volunteers are all providing the same service to our clients: a human relationship which is caring and supportive and provided by a peer rather than a paid professional.

Shanti has now completed 4 of the combined trainings and more than 150 new volunteers, trained since spring 1992, are providing a combination of emotional and practical support services to our clients. A number of long-term volunteers have also decided to become "Support Volunteers" providing emotional support and practical assistance to those in need.

## Volunteers Offer a Range of Services



Cliff Lopez. Photo: Peter Niland

**CLIFF LOPEZ** is a writer by profession and in the past has worked in health care, specifically brain injury rehabilitation. Comparing the experience of being a Shanti volunteer with his previous work, he says, "I saw people at their worst and, through rehabilitation, saw them get better. At Shanti, unfortunately it's kind of the reverse of that. As people decline because of AIDS, there are often fewer people around them to help them."

In April, Cliff completed the first Volunteer Services combined training and was, initially, matched with a client who asked for practical support. But the client decided that, after considering his status, he had sufficient care and therefore didn't need a Shanti volunteer at that time. Cliff, was dismayed, "It was real difficult for me, to do the training and be anxious to get started, then have him cancel. But then I realized that the whole purpose of Shanti is to be there for the client when they need us — not to answer to my own needs."

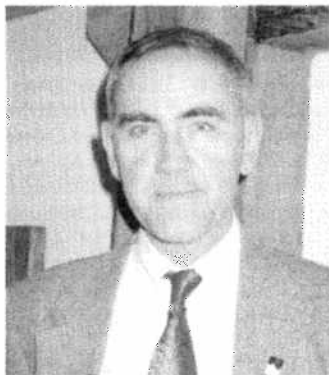
Since then, Cliff has been matched with another client and now provides emotional support. "My client himself had been a practical support volunteer with Shanti," Cliff says, "and it has turned out to be a marvelous relationship." His client's health has been "touch and go," and Cliff says that he hasn't been asked to provide practical support. "I do understand," he says, "that it's very disclosing to let someone clean your dirty clothes and to wash you dishes, but should he ask, I will be more than willing to help."

**BILL GUNDEL** has been a Shanti volunteer since 1988, and sees no reason to quit any time soon. He says, "I don't see this epidemic ending and I still feel a very strong need for continuing this work."

Previously, Bill had been a Practical Support volunteer; however, during the past year he has offered emotional support to his present client because it was needed. He expects that his client will need practical support as time goes on. Bill participated in the first combined Volunteer Services training in April to enhance his abilities to offer emotional support.

Bill comments on the combined services. "Once, when I was a practical support volunteer, I was interrupted by my client while I was doing dishes. He wished to share his thoughts on suicide. I feel that emotional support comes in even if you are vacuuming, doing dishes, you never know when your client may want to discuss very personal and painful issues.

"Shanti has always been alert for the need to change. They



Bill Gundel. Photo: Peter Niland

have never remained stagnant. It's been open to and receptive to the needs of the client and has made changes. I know those changes haven't always been popular, but we have to consider our clients, first and foremost."

## Interns and Volunteers Assist With Intake



Greg Goethals and Florence Cepeda. Photo: Peter Niland

**FLORENCE CEPEDA** and **GREG GOETHALS** spend several hours each week assisting Volunteer Services Intake Coordinator Eduardo Ramirez with the intake of new clients. Greg is a Jesuit priest and student at the University of San Francisco studying for his masters degree in marriage and family counseling. He has worked as an intern at Shanti for the past year. Florence volunteers her time as an intake specialist. A native San Franciscan, she works in Children's Psychiatric Services at Langley Porter Institute at UCSF. Greg and Florence did their Shanti volunteer training together.

In addition to having interns and volunteers assist in the Intake program, it has recently expanded in other ways. An intake office was begun several hours a week in the Castro district to enable neighborhood residents to more readily access Shanti's services. Intake specialists now have face-to-face interviews with clients following the initial telephone request for services. When an office visit (either Howard Street or the Castro office) is difficult for the client, intake specialists visit their homes. This enables the intaker to more clearly assess the needs of the new client.

Clinical interns also assist Shanti's Clinical Coordinator, Gail Winston, in assessing the psychological needs of the prospective client, and the abilities of Shanti's volunteers to fulfill those needs.

Florence describes the new system, "We talk on the phone to set up interviews, then I go to their homes or go to the Castro office. I'll meet with four people this afternoon. That's turned out to be much better for them and for us. It's opening up a whole new relationship with clients that we never had before."

In a recent conversation they had this to say about their work at Shanti:

**FLORENCE:** There's a feeling that there's definitely a positive outcome for people that we talk to on the phone. They're calling to ask for specific things we really can do. As a peer support volunteer you're not sure what you're going to be able to do for

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## SHANTI FUNDRAISING HIGHLIGHTS



One of 7TH ON SALE's "local heroes," Joey Benko, receives a check from Fern Mallis, Executive Director, Council of Fashion Designers of America, at Shanti's Annual Dinner and Awards Ceremony in October. The check, for \$100,000, was the first installment from 7TH ON SALE. Photo: Gloria Swanson

During September, October, and November, 1992, Shanti Project participated in and benefitted from some of the most innovative and successful AIDS fundraising events ever mounted in San Francisco. Through these events, Shanti established new business and individual support and raised a record-breaking \$650,000.

Shanti acknowledges and thanks the many members of the business community, event co-chairs and their committee members, and the producers of these events whose creative talents and energy turned a "great idea" into reality. And we owe a large part of our success to our donors, volunteers, and staff, for their ongoing support and participation.

Is there anyone in San Francisco who *hasn't* heard about 7TH ON SALE? This three-day shopping frenzy held September 18, 19, and 20, at the San Francisco Fashion Center, offered first-run merchandise to shoppers at below wholesale prices. The opening night gala celebration was attended by San Francisco luminaries as well as celebrities, Richard Gere, Cindy Crawford, Oscar de La Renta, and Ali McGraw. Over 1,200 volunteers kept merchandise moving and cash registers humming. The event raised \$3.2 million, making it the largest AIDS fundraiser ever held in Northern California. Shanti will receive \$450,000 of the proceeds.

On September 20, before the 7th On Sale shopping spree, over 8,000 runner/powerwalkers joined in the historic 10k pledge run/walk across the Bay Bridge - LIFESPAN - which raised more than \$100,000 for AIDS, environmental and youth organizations. Olympic gold medalist, Jackie Joyner-Kersey, ran the race and was on hand as an awards presenter for the closing ceremonies. If you missed this exhilarating "jaunt," you can look forward to an even bigger event next year.

Symbolizing unity in the fight against AIDS, more than 100 designers and supporters gathered in the shape of a "7" in preparation for the 7TH ON SALE/SAN FRANCISCO megaevent at San Francisco's Fashion Center.

Photo: Thomas Heinzer

"Fashion and Compassion" was the theme of MACY'S PASSPORT '92, a spectacular multi-media fashion extravaganza benefitting Shanti and the San Francisco

AIDS Foundation. Macy's 10th annual event was held at Fort Mason's Festival Pavilion and played to sold-out houses on both October 1 & 2. The opening night gala featured super-models Christy Turlington and Claudia Schiffer modeling the latest designs by Marc Jacobs and Jean-Paul Gaultier. Proceeds from the event and sales from Swatch's commemorative watch exceeded \$100,000 for both Shanti and the Foundation.



On November 4, 1992, the major donors of the Friends of Shanti launched the 1992-93 CIRCLE OF LIGHT CAMPAIGN at a reception hosted by Gump's in San Francisco. The Campaign Cabinet, co-chaired by Thomas Beckman, Charles Dishman, and Lucinda Mehran, focuses on encouraging people to make significant annual contributions to Shanti. Jo Schuman was honored with the annual Circle of Light Philanthropy Award for her work as co-chair of 7th On Sale. She is pictured here with Thomas Beckman and Alix Sabin, Director of Development and Communications at Shanti. Photo: Zack Edison

## GREAT GIFTS ARE "UNDER ONE ROOF"

The shop for AIDS relief, Under One Roof, opened its doors on November 12th and offers shoppers a wide variety of gift-giving items for the holiday season. Shanti will again participate in the "shop that gives twice," where 100% of all proceeds go directly to help over 50 AIDS organizations throughout Northern California. The shop is located at 2362 Market Street, San Francisco, in the storefront of The Names Project.

Shanti's product line will include a recording of Bach and Handel works performed by internationally renowned baritone William Parker, accompanied by the Arcadian Academy and the

Baroque Choral Guild. Parker, and all of the performers on the recording, generously donated their time and talent to benefit Shanti Project. Harmonia Mundi, USA, has underwritten the cost of reproduction and distribution. In addition to being featured at Under One Roof, the recording is also available at Tower Records and the Warehouse.

Under One Roof has been such a successful fundraising vehicle that the shop will remain open as a year around operation. If you have potential product donations to benefit Shanti, please call Mark Fantone at 415/777-2273, Monday-Friday, 9-5.

## HOUSING (Continued from page 1)

equipped with kitchens. Five apartments accommodate two residents with separate bedrooms and baths and a shared sitting room and kitchen. Recreational and meeting spaces are provided, and the large and comfortable lobby serves as a town square for the community.

Shanti staff coordinates services for residents including Project Open Hand meal deliveries and Shanti volunteers. Shanti House Coordinator Ramon Matos explains, "Shanti House will be a real blend between independent living, with each person having the privacy of their own apartment, and cooperative living, because we'll be able to offer services and programs that residents can benefit from. Working closely with each resident, we think we can strike a good balance."

Funding for the operation of Shanti House is being provided by the City through Ryan White CARE Funds, with additional funds for planning and start-up secured through grants from the Corporation for Supportive Housing and the San Francisco Redevelopment Agency.

"We are especially excited to be opening Shanti House and expanding the housing options we can offer to people living with AIDS in time for the winter holidays," said Shanti Executive Director Eric Rofes. "This project helps us meet a pressing need at a time of year that can be especially difficult for people with HIV/AIDS who have limited resources. We're grateful to Supervisor Britt, who first conceptualized this project, and especially to Supervisor Migden and Mayor Jordan, who helped make it happen. Congresswoman Pelosi also assisted us every step of the way as we sought funding for Shanti House."

## SPOTLIGHT (Continued from page 1)

an individual. Here it's really clear cut that somebody wants us and that we know what to do for them.

**GREG:** The frustrating thing is that you can't give that help right away. But it's nice to be there as a front-line person for clients as they call in.

**FLORENCE:** I very much wanted to stay with the agency when my client died, but I wasn't emotionally ready to take on another client, so this was a way of staying with it. However, I did take on another client last February, and just lost him last week, so again this is a respite for me in some ways, working in a different arena. I really don't see a time when I wouldn't do this kind of volunteer work.

**GREG:** When we started a year ago people were asking more for emotional support, but at some point people began requesting practical support more. People are pretty clear when they call in that they need practical support. I don't get as many requests for emotional support as I did a year ago, but I do get a lot of requests for support groups.

**FLORENCE:** My first client wanted a practical support volunteer, and I ended providing more emotional support. He just wasn't able to say, "I need an emotional support volunteer." He could say, "I need somebody to help me with a little laundry once a week."

**GREG:** I think clients ask for practical support because that's so concrete and often, even after you explain emotional support, it's still a little nebulous, but when you listen to what they are saying, they definitely do want an emotional relationship.

**FLORENCE:** I am impressed with people's capacity to be open about all this. It is such a big step to call for help the first time - to say that they want a stranger to come into their house and help them. I find that really touching.

**GREG:** This work keeps the memories of the people I love that I have lost very much alive and very much with me.

## SHANTI NEEDS

The following items are needed by the Project. If you are able to help, contact Mary Cain at 415/777-CARE.

- Brochure display stands (wall units)
- Bookcases (all sizes)
- Macintosh SE computer/laser printer
- Folding chairs
- Florist to donate free or low cost flower delivery (2-4 times per month)
- 2 VHS VCRs
- File cabinets (letter size, 2 and 4 drawer)
- Bulletin boards
- Overhead projector and slide projector
- Desk lamps
- Vacuum cleaner
- Tall storage cabinet that locks
- TDD machines
- Power tools: 3/8" drill, jig saw, small router, circular saw
- Microwaves
- 5 IBM compatible computers/printers in good working condition
- Hand tools: drill/router bits, pliers (all types), crescent wrenches, socket wrench set
- Percolator or commercial coffee maker (100 cups)

The following items are needed by the Residence Program. If you are able to help, contact Mary Cain at 415/777-CARE. All items should be new or slightly used and in excellent condition.

- Tools (household and gardening)
- Color TVs and VCRs
- Space heaters, knick-knacks and pictures
- Books in Spanish
- Household furniture and lamps - no sofas/beds please.  
(We are only able to take twin and single sized beds. No waterbeds.)
- Linens, towels, single sheets, pillows
- Microwaves, toasters, mixers, blenders, coffemakers
- Silverware, dishes, pots and pans

## SHANTI DONATIONS

SHANTI PROJECT needs your generous support. Please send your tax-deductible donation to:

SHANTI PROJECT,  
525 Howard Street,  
San Francisco, CA  
94105.

- ☐ I would like to support Shanti Project with a donation of:
- ☐ \$25 ☐ \$50 ☐ \$100 ☐ \$200 ☐ Other \$ \_\_\_\_\_

- ☐ The enclosed gift is "In Memory Of": \_\_\_\_\_

- ☐ I am interested in becoming a volunteer.

NAME \_\_\_\_\_

STREET \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

- ☐ Check here if this is a new address.



# SHANTI PROJECT

We provide:

- 
- Volunteer Support
- 
- Counseling at  
San Francisco
- General Hospital
- 
- Support Groups
- 
- Activities Program
- 
- Van Transportation  
Service
- 
- Community Trainings
- 
- Housing Referral  
Network

## WINTER CALENDAR OF EVENTS

December 18/Thursday

### Pickle Family Circus Holiday Show

People with AIDS/HIV will visit the Pickle Family Circus at the Palace of Fine Arts to enjoy their famed Holiday Show. Signup is required. Call Shanti's Activities Program for information, 415/777-CARE.

December 22/Tuesday

### Acorn Restaurant Benefit

The popular Acorn Restaurant (1256 Folsom Street) will serve four-course prix fixe dinners at 6:00 and 8:00pm to benefit Shanti's Activities Program. Call 415/863-2469 for reservations.

December 25/Friday

### Christmas Holiday

Shanti offices are closed.

January 1/Friday

### New Year's Holiday

Shanti offices are closed.

January 5/Tuesday

### Six Degrees of Separation

A Premiere Series benefit for Shanti's Housing Program, this performance of the 1991 Drama Critics Circle Award for Best Play stars Marlo Thomas. Benefit tickets include a post-show party hosted by the stars. (See page 1 for details.)

January 9/Saturday

### Workshop for HIV-Negative Gay Men

Subjects include: being HIV-negative, loss and survival guilt, and having sex in the age of AIDS. All HIV-negative gay men are encouraged to attend. For info or to register, call George Simmons at 415/777-CARE.

January 18/Monday

### Martin Luther King, Jr. Holiday

Shanti offices are closed.

January 23, 30 & 31

### Crossings Program Volunteer Training

A training for volunteers who wish to help with the emotional and practical support needs of men, women, adolescents and children living with HIV disease in the Tenderloin, Mission, and South of Market neighborhoods. To register, call Barbara Linn or Stephanie Ruby-Klink at 415/777-CARE.

January 26/Tuesday

### Board of Directors Meeting

6:15pm.

February 11/Thursday

### Guys and Dolls

A Premiere Series benefit for Shanti's Housing Program, this smash hit revival and winner of four 1992 Tony Awards makes its West Coast debut in San Francisco. Benefit ticket holders will enjoy a post-show party hosted by the stars. (See page 1 for details.)

February 13/Saturday

### Valley of the Dolls Shanti Benefit

Directed by Phillip R. Ford, this stage adaptation of the 60s cult film, *Valley of the Dolls*, will be at Fort Mason's Life on the Water Theater at 8:30pm. Benefiting Shanti, this opening night performance will include a post-show reception with the cast. For details and ticket information, call Mark Fantone at 777-CARE, M-F, 9-5.

February 19, 20, 21, & 27

### Peer Support Volunteer Training

A 3½-day training for new volunteers who will assist people living with AIDS or disabling HIV with tasks such as cooking, cleaning, laundry, shopping, and peer support counseling. To enroll, contact Barbara Linn or Stephanie Ruby-Klink at 415/777-CARE.

February 15/Monday

### Presidents' Day Holiday

Shanti offices are closed.

February 21/Sunday

### Benefit at the San Francisco Eagle

An annual fundraiser for Shanti Project at the SF Eagle, the popular South of Market leather bar at 12th and Harrison Street, featuring entertainment, an auction, and lots of food. Call Mark Fantone, 415/777-CARE, for information.

February 23/Tuesday

### Board of Directors Meeting

6:15pm.

March 5, 6, & 7

### Latino Program Volunteer Training

Shanti's Latino Program sponsors this special volunteer training, in Spanish, to provide emotional and practical support to Latinos and Latinas affected and infected by AIDS. To register, call Roberto Garcia at 415/777-CARE.

March 13/Saturday

### San Francisco AIDS Dance-A-Thon

Join the Sixth Annual AIDS Dance-A-Thon, a marathon fundraising dance benefiting Bay Area AIDS agencies, including Shanti Project. Pre-registration is required. Call 392-9255 for information.

March 18/Thursday

### Shanti Project Annual Meeting

Shanti Project's Annual Meeting will be held at Levi Strauss headquarters, 1155 Battery Street, San Francisco, beginning at 5:30pm. The public is encouraged to attend.

All meetings are held at Shanti Project, 525 Howard Street, San Francisco, unless otherwise stated. For more information, call 415/777-2273 or (TDD) 415/495-7495, weekdays 9:00 am to 5:00 pm. Sign language interpretation available upon request.

## SHANTI PROJECT

525 HOWARD STREET  
SAN FRANCISCO, CALIFORNIA 94105  
415/777-CARE; (TDD) 415/495-7495  
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