

Our Board of Directors

Julie Baumgartner, Senior Director of Strategic Accounts, *Konterra, Inc.*

Phillip Bokovoy, Ex-Officio member, *Shanti's Development Director and CFO*

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Rubén Gamundi, Sr. Medical Science Liaison, *Glaxo Sciences*

Manoog Hadeshian, National Director of Medicare Finance Strategic Analysis, *Kaiser Foundation Health Plan, Inc.*

Scott Hawkins, Organizational Development Consultant

Chris Murray, Independent Consultant, *Bank of the West*

Frank Petkovich, Technology Marketing Principal consultant

Alexander Rivers, Teacher, *Oakland Unified School District, Graduate Student, SFSU*

Kaushik Roy, Ex-Officio member, *Shanti's Executive Director*

Angie Ryan, Senior Marketing Manager, *Triplix, Inc. - San Francisco, CA*

Stu Smith, Executive Director, *Tin Pan Alley Productions, Community Activist; Board Chair*

Chip Sapanich, *Shanti's Client and Volunteer; Community Activist*

Kath Waltrip, Area Community Affairs Manager - *West, Abbott Laboratories*

Emily Wilksa, Principal, *The Organized Life; Shanti's Peer Support Volunteer*

THANK YOU TO OUR COMPASSION/IS UNIVERSAL EVENT SPONSORS!

As of September 10th, 2010

Presenting

The Honorable James C. Hormel & Michael P. Nguyen

Lead

The Bob Ross Foundation

Partner

Charles Garfield, PhD & Cindy Spring

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William Wilson III

Auxilium Pharmaceuticals



730 Polk Street
San Francisco, CA 94109

COMPASSION IS UNIVERSAL

Tickets for our 36th Annual Benefit, *Compassion is Universal*, are now on sale: www.shanti.org/pages/compassion-is-universal.html

Ongoing Activities and Workshops

L.I.F.E.

Every Thursday from 6pm - 8pm, L.I.F.E. Experiences, a Poz-Centric Potluck workshop focused on the needs of gay and bisexual HIV+ men, occurs. It's fun, crazy, sensitive, and the food is beyond delicious. Call John at 415-674-4713 for more information.

Our L.I.F.E. Health Workshop for gay and bi HIV+ men takes place every Tuesday from 6pm-9:30pm. Call Karl at 415-674-4706 for more information.

Yoga for HIV-Positive Health

Tuesday.....4:15 - 5:30pm

Volunteer Services

We are looking for volunteers to help us fulfill our beneficiary obligations for the Castro Street Fair on Sunday, October 3rd. To sign-up for a 4-5 hour volunteer shift during the fair, please contact Megan O'Brien at 674-4708.

Our upcoming Peer Support Volunteer Training will be held on November 5-7 and evening of November 10th. For more information, please visit www.shanti.org or call 674-4708.

HIV Services Schedule

Drop-in Center & Service Hours

Tuesday.....9:30am - 11:30am

Wednesday (Drop-in Service only, No Events).....9:30am - 12:30pm

Thursday.....9:30am - 12:30pm

Activities Desk

Tuesday - Friday.....10:00am - 12:00pm

LIFE Health Chat

Tuesday.....11:30am - 12:30pm

Wednesday.....10:00am - 12:00pm

Friday.....10:00am - 12:00pm

Movie Night

3rd and 4th Thursday of the month.....5:00 - 7:30pm

HIV Services is closed Monday - Friday, 1:00pm - 2:00pm

Activities

Shanti offers clients the opportunity to enjoy some of the Bay Area's interesting activities and events while socializing and establishing connections with their peers. The activities program is available to clients Tuesday through Friday from 10am-12pm. Call 415-674-4743 for more information.

LifeLines

Message

Tuesday.....2 - 2:45pm, 3 - 3:45pm, 4 - 4:45pm

Thursday.....10 - 10:45am, 11 - 11:45am, 12 - 12:45am

Facials

Thursday.....10 - 10:45am, 11 - 11:45am, 12 - 12:45am

Gentle Yoga Workshop

Coming in October and November

Other Upcoming LifeLine workshops

Breast Cancer Nutrition Classes in Cantonese, English and Spanish, Health Chats in Cantonese, English and Spanish, Dance Movement Therapy, Farmers Market Excursion, Beauty Day at the SF Institute of Cosmology, A1 Therapy Class, The ABC's of Sex After Cancer, Community Picnic at Conservatory of Flowers, and Winter Celebration Event.



36 Years of Community and Compassion

On October 13th, Shanti will host our 36th Annual Benefit Dinner, *Compassion is Universal*. This special occasion will recognize the services Shanti provides, the remarkable strength and courage of our clients, as well as the enduring values on which Shanti was founded: no one should face serious illness alone and that we all possess a tremendous capacity for a compassionate service—that indeed, *compassion is universal*.

The event will be hosted at the Hotel Nikko, and the evening's proceeds will allow us to reach and fully support over 100 new clients with HIV/AIDS or breast cancer for an entire year. Funds raised from this event will also assist us in reaching our annual goal to recruit, train and support 120 new peer support volunteers, who are matched one-on-one with clients to provide weekly emotional and practical support.

We are extremely thankful and excited to have the support of so many members of the community. Our top sponsors for the event include The Honorable James C. Hormel and Michael P. Nguyen; The Bob Ross Foundation; Dede Wilsey; Dr. Charles Garfield (Shanti's founder) and Cindy Spring; and Wells Fargo. For a complete list of our sponsors see inside panel. For information on becoming a sponsor, please visit www.shanti.org/pages/compassion-is-universal.html.

The evening will also allow us to recognize important members of the Shanti community, including the San Francisco Foundation, who will receive our 2010 Funding Leadership Award. "The San Francisco Foundation began supporting Shanti over 20 years ago during some of the most acute days of the AIDS epidemic," said Executive Director, Kaushik Roy. "During this time, they have supported virtually every aspect of the agency including our Volunteer Program, capacity building and, most recently, our services for underserved individuals with breast cancer. We are truly honored and grateful for our historical relationship."

We will also honor two clients, Stu Smith and Connie Champagne, with the James C. Hormel and Lifelines Client Community Spirit Awards, respectively, as well as long-time volunteer Jonathan Patrizio with our Charles A. Garfield Volunteer Leadership Award.

Over 450 guests will attend this year's dinner, reflecting the many



different communities who support Shanti's work and who are united in their belief that the community's most vulnerable individuals with HIV/AIDS or breast cancer should have at least one compassionate source of support in their lives. The evening will begin at 5:30 pm with a reception and silent auction. Dinner and an inspirational program follow at 7 pm. For more information about this event, please visit www.shanti.org. You can also contact Ariana Katz at 415.674.4759 or akaratz@shanti.org.

Around the Universe

the 2010 Shanti Benefit Auction

And don't miss our online auction, new this year, at biddingforgood.com/shantiproject.

Lifelines Receives 100K from Avon
AVON Walk for Breast Cancer, the AVON Foundation for Women presented Shanti with a check for 100K. 50K a year for two years to support our Lifelines Breast Cancer Program. Thank you AVON for your recognition of this vital program, and congratulations to the Lifelines staff, volunteers, and clients!



Mark Halber, Maria Caprio, Doreen of Lifelines, Kaushik Roy, Executive Director of Shanti and Avon President, Carol Kung present 100K Check to Lifelines.

Randy Algaier Meets with President Obama at the Whitehouse

See full story on inside of newsletter