

## NORDSTROM Presents compassion is UNIVERSAL

Shanti's Fortieth Anniversary Dinner

Saturday, the Eighteenth of October, 2014, 5:30PM The Fairmont Hotel San Francisco

Event Co-Chairs Ken Fulk & Bahya Oumlil-Murad

Honorary Co-Chairs The Honorable James C. Hormel, U.S. Ambassador & Micheal P. Nguyen

The Nancy Pelosi Lifetime Achievement Award Reverend Cecil Williams & Janice Mirikitani of GLIDE Memorial Church Award presented by The Honorable Willie L. Brown, Jr.

For TICKETS, SPONSORSHIP INFORMATION or TO MAKE A DONATION, call 415.674.4713 or visit SHANTI.ORG

# Shanti Project VOLUNTEER ALUMNI CELEBRATION

In honor of our 40th Anniversary, Shanti will be hosting a Volunteer Alumni Event on World AIDS Day, to honor the services of our dedicated volunteers.

The evening of **December 1, 2014 National AIDS Memorial Grove Golden Gate Park** 

For more information please visit shantialumni.org or call **415.674.4712** 

Photography by Bobby Pin

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### shanti

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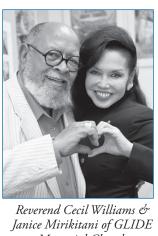
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Executive Director, Kaushik Roy, was appointed to San Francisco's Commission on Aging and Adult Services by Mayor Edwin M. Lee on July 30th.

### **Compassion Is Universal, Shanti Celebrates 40 Years of Service**



Memorial Church

Permanente San Francisco Community Benefit Program, Dr. Micki Klearman, The Honorable James C. Hormel, U.S. Ambassador & Michael P. Nguyen, California Pacific Medical Center. The Fairmont Hotel - San Francisco. Gilead, and The Bob Ross Foundation.

Compassion is Universal will be instrumental in conveying the needs of our clients to a diverse audience including prominent members of San Francisco's philanthropic

#### Hormel and Nguyen Make a \$100K Challenge

In the fall of 2013 Shanti gratefully announced a challenge grant from our long-time supporters, the Honorable James C. Hormel and Michael P. Nguyen. Ambassador Hormel and Mr. Nguyen have generously pledged to match up to \$100,000 of the donations that Shanti receives in 2014. All donations of \$100 and above from new and lapsed donors, as well as donations from current Shanti supporters that are increased by \$100 or more over their



Commemorating our landmark 40th anniversary, 2014's Compassion is Universal, presented by Nordstrom. will be held on October 18th at The Fairmont Hotel - San Francisco. Hosted by Co-Chairs Ken Fulk and Bahya Oumlil-Murad, the event will include an award presentation by The Honorable Willie L. Brown, Jr. of the Nancy Pelosi Lifetime Achievement Award to Reverend Cecil Williams and Janice Mirikitani of GLIDE Memorial Church for their many years of outstanding leadership and service to the community. The evening would not be possible without the continued support of our Presenting Sponsor, Nordstrom,

as well as other major sponsors, including Wells Fargo, Kaiser



The Honorable Willie L. Brown, Ir. to present the 2014 Nancy Pelosi Lifetime Achievement Award (continued on page 4)



The Honorable James C. Hormel & Michael P. Nguyen

#### **A Message from our Executive Director**



Our Founder, Dr. Charlie Garfield, often says that the motivation to start Shanti was incredibly simple. As the first mental health professional at UCSF's Cancer Research Institute. Charlie knew that no one should have to face a life-

threatening illness alone. What I've found illuminating in recent years is how the scientific and medical communities have validated the importance of alleviating isolation. Just as smoking, lack of exercise, and obesity have been posited as tangible risk factors, so has isolation. For the past 40 years, Shanti's programs have helped reduce this by providing care navigation, empathy, and compassion to people living with life-threatening illnesses. As a result, clients improved their health outcomes while receiving sorely needed emotional and practical support.

This is a very important idea for us to embrace as Shanti marks our 40th Anniversary. I've been encouraged this year by the increased interest expressed from hospitals in Shanti's servicesspecifically, how we can play a greater role in helping their patients after they leave the hospital, so they can stay well and not have to return. As our entire nation evolves with the Affordable Care Act, Shanti will also evolve to offer our services to a greater number of people who need us.

To learn more about the opportunities ahead of us. I hope to see you at our 40th Anniversary Dinner in October. I'm particularly excited that we will be presenting our Nancy Pelosi Lifetime Achievement Award to two personal heroes of mine who are so beloved around the world, Reverend Cecil Williams and Janice Mirikitani of GLIDE. For our milestone anniversary. I can't think of anyone more appropriate to recognize for the manner in which they embody Shanti's founding values of embracing our common humanity and living with a spirit of compassion and generosity.

I hope you will join us as we celebrate Cecil and Jan. Shanti, our community, and most importantly, the values that make San Francisco such an incredibly caring and special place.

### WECOME To Our New Staff

#### Jordan Akerley Care Navigator, HIV Services Program

Jordan joined Shanti's HIV Services as a Care Navigator in 2014. Before Shanti, Jordan worked for UCSF as a research assistant at San Francisco General's Ward 86, and volunteered with Shanti as a peer support volunteer.

#### **Shannon Bourne** Executive Assistant

Shannon joined Shanti in 2014 after relocating from Washington DC to San Francisco. Shannon spent eight years as a paralegal. After volunteering with Crohn's and Colitis Foundation of America for a number of years, she developed a passion for working with the chronically ill and left the legal community to find work in the nonprofit sector.

#### Erin Flynn Volunteer Services Coordinator

Prior to joining Shanti in 2014, Erin was, like many others here, a former peer support volunteer. She first got introduced to Shanti's mission and philosophy in Seattle, and since then has also worked as a Community Organizer for Hospitality House and was a Case Manager at Community Housing Partnership. Erin holds a BBA in Social Work from the University of East London.

#### Matt Hiraoka Accountant and Development Assistant

Matt started at Shanti early in 2014 as an intern in the finance department. A few months later, he joined the team full-time as their accounting and development assistant. Originally from Hawaii, Matt holds a BBA in Accounting from the University of Hawaii's Shidler College of Business.

#### **Thom Lynch** Chief Development Director

Thom is the former CEO & President of the San Francisco LGBT Community Center and COO of Project Open Hand, and has worked in the non-profit community for more than 20 years. His work has also included the No on 8 campaign. Thom served on and helped found the diversity board of the San Francisco Forty-niners football team. He serves on the board of LYRIC.

#### Elenka Refsell Development Associate

Growing up in Boston, Elenka began working for LGBT rights in high school as a peer-educator for local Gay Straight Alliances. Elenka built a career in non-profits and the arts, having worked and volunteered for a number of Bay Area arts organizations. Most recently, she spent 5 years at the Piedmont East Bay Children's Choir. Elenka holds a B.A. in Music.

#### Lauren Villa Interim Director for Shanti's Margot Murphy Breast Cancer Program

Prior to joining Shanti, Lauren worked in the wellness center at a non-profit in San Francisco to facilitate prenatal education to homeless and pregnant women. Lauren holds a BA in Writing Seminars from Johns Hopkins University and an MPH in Maternal and Child Health from University of California, Berkeley. She is a Bill and Melinda Gates Millennium Scholar, Center for Health Leadership Fellow, and a trained birth doula.

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Kristin Austin Drew Banvks & Nick Rubashkin Jeffrey & Karen Banks Susan Barrows & Daniel Gillette Julie Baumgartner David Bentley Jeff Berry & Eric Politzer Stephen Bertram Matt Buchanan David Burke Diane Carr Curt Cassels Paul Colfer & Jon Gatto **Christian Conti** Jennifer Cullen Mario Diaz Kelly Endow Noreen Farrell Lydia & Michael Flocchini Jonathan Fuchs Leticia Galyean Peter Garcia Neil Giuliano Jerome Goldstein & Thomas Taylor Joel Goodrich Rommel Guerrero & Daniel Liston Ted Hannig Allan & Nancy Herzog Jeffrey Hill & Max de los Reyes Andrew Hollingsworth **Donald Howerton** Jack Hubbard Ignacio Krasovitzky Thomas Larsen Les Arts Jeffrey Leider Anne Lerch & Joyce Thorn Dr. E. Steve Lichtenberg & Betsy Aubrey

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#### wish list

Marilyn Livingston

#### In-kind donations for our Shanti office

Laptops Projectors **Color Laser Printers** Flatscreen Computer Monitors Adobe Creative Suite for PC's **Ergonomic Computer Chairs** Interior Design/Organization Services Local Storage Space Copy Paper Hygiene supplies for clients Snacks for clients/community meetings

Please contact development@shanti. org to make an in-kind donation.

### support

the vehicle is sold for if you itemize your deductions

COMMUNITY THRIFT: You can take in-kind donations to Community Thrift Store and tell them to credit Shanti. Please see their website for details on acceptable donations and donation hours: www. communitythriftsf.org. Call them at 415.861.4910 and visit them at 623 Valencia Street.

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tlynch@shanti.org.

Chip Supanich Mark Tao & Steve Van Elswyk Marc & Kristi Tatarian Laura Thompson Beatrice Tocher Gopal Trivedi Douglas Vanemburg & Rodney Kerr Sharon Von Haesler William Jeff Waldon Philip & Veronica Weismehl Bradley Wilson Kevin Winge & Kevin Shores Ron Wong and Mike Tekulsky

#### **Government Funding**

City and County of San Francisco (subcontracted through the SF AIDS Foundation and SF General Hospital's **Breast & Cervical Cancer** Program)

SF Department of Public Health (Ryan White Part A funding)



Angie Murphy, Mindy Schweitzer-Rawls, and Edgar Micua representing Shanti at this year's San Francisco Marathon. The team raised \$3,500.

#### **Legacy Society**

Anonymous (2) Phillip Bokovov Scarlett Chidgey & Jason Cardillo William Dawes Dr. Charles Garfield & Cindy Spring Michael Gatewood **Chuck Hassel** Jill Isenstadt Dr. Micki Klearman & Joe lacocca Thom Lynch Leif Nielson Constance Norton, Aidan Onora Lisker & Perry Lisker Ernesto Quintanilla & Seth Skolnick Alexander Rivera & Miguel Bustos Kaushik & Stacy Roy **Therese Salamida** Chip Supanich **Beatrice Tocher** Leslie Zellers

We sincerely apologize for any accidental omissions or misspellings. Please contact Thom Lynch with comments or corrections at 415.674.4739 or tlynch@ shanti.org.



#### Creative Ways to Support Shanti

DONATE YOUR CAR! Just call 888-SHANTI-4 (888.742.6844) to speak to a representative. When you donate your car, you avoid the costs associated with selling or maintaining your car while helping your favorite cause. You are entitled to receive a tax deduction equal to what

If you know of a restaurant or bar that would like to host a happy hour fundraiser for Shanti, please contact Thom Lynch at 415.674.4739 or

#### <u>connect</u>

Help build a community of compassion connect with us today!

Stay up to date on Shanti's programs, events, stories, and more by joining our email list. Sign up on our homepage: www.shanti.org. Become a fan of "Shanti Project" on Facebook, or follow us at @ shantiprojectsf on Twitter and Instagram.



#### thank you to our donors Donors who contributed \$250+ from Fiscal Year 2013-14 (July 1, 2013 - June 30, 2014)

#### \$100,000+

California Breast Cancer Research Program Genentech Foundation Michael Murphy and Love From Margot Foundation

#### \$25,000-\$99,999

Avon Foundation for Women **Dignity Health** Gilead Sciences, Inc. The Honorable James C. Hormel, U.S. Ambassador & Michael P. Nguyen Charles B. Jones Revocable Trust Kaiser Permanente San Francisco Community Benefit Program Micki Klearman, M.D. & Joe lacocca San Francisco Bay Area Affiliate of Susan G. Komen The San Francisco Foundation/Doris Martin Miller Trusts Wells Fargo & Co. & Wells Fargo Foundation

#### \$10,000-\$24,999

Anonymous AbbVie Academy of Friends Alison Block & Timothy Poore The Cancer League Cisco Folsom Street Events Charles A. Garfield & Cindy Spring Kaiser Permanente Macy's Inc. Richmond/Ermet AIDS Foundation Safeway Inc./The Safeway Foundation San Francisco AIDS Foundation AIDS Walk George H. Sandy Foundation To Celebrate Life Breast **Cancer Foundation** 

#### \$5,000-\$9,999

Isabel Allende Foundation Bay Area Physicians for Human Rights (BAPHR) Broadway Cares/Equity Fights AIDS

Tracy Curtis & Rick Nagore Friends of Faith Ken Fulk William G. Gilmore Foundation John & Marcia Goldman **Richard Grand Foundation** Ernest Isenstadt & Dr. Judith Hsia Janssen Gus Murad & Bahya Oumlil-Murad Janet & Clint Reilly Wallis Foundation Vijayakumar Venugopal Silva Watson Moonwalk Fund Emily Wilska & Vaughn Egge

#### \$1,000-\$4,999

Anonymous (3) Christine Arthur & Gary Gamage Glassybaby Joan Bayston Louis & Patricia Bellardo Phil Bokovov Leonard Broberg Thomas J. Cutillo & Priscilla A. Myrick Bill Dawes William Dickey Barbara J. Farley Susan Fish Foster Foundation David A. Friedman & Paulette J. Meyer Rubén Gamundi Manuel Garrido **Give Something Back** Nancy Glover & Spencer Smith Phillip Goerl & Roger Spring Marcia & John Goldman Fund Lisa Gunn **Timothy Gullicksen** Patricia Hamel & Ted Noren I. Gavin Hamilton & Alec Hughes **Chuck Hassel** Scott Hawkins **Richard Hill & Susan Levine** Maureen Holt & W.K. Nice Darren Iverson Cheryl Lucanegro Salvatore Manzi Dr. Glenn Michelson & Shane Hensinger Michael Montoya & Kevin Shanahan

Magdalen Mui Aaron & Angie Murphy Michael Murphy Mark Ng Glory Ninan John & Kristin Olson Tamar Pachter & Martha Stacey Hawver Curtis Parker Frank Petkovich & Tim Averbeck Ernesto Quintanilla & Seth Skolnick Alex Rivera & Miguel Bustos Samir Rohayem James Rosenau Kaushik & Stacy Roy Margo Sensenbrenner Sisters of Perpetual Indulgence Eric W. Sleigh & Christopher E. Wiseman Dr. Joshua A. Speck Joanna Tang Thomas L. Tarnowski Nisha Trivedi Douglass Strauss Waggener Charles R. Wilson

#### \$500-\$999

Prentice Alexander Daniel Andrade & Mark Chapman Kent Ashcraft Xavier Barrera Andrea Barrett Alvin Baum Allan Berenstein Mark Calvano Sally Carlson Lucretia Carney Magdalen Cheng Lia Cicuto **Diablo Flooring** Mike Dillon Matt Dorsey Cecily Drucker Durand Duin Dave Earl **Kimberly Evers** John Geary Nancy Genovesi R. Doak Gintert Helder Goncalves Mike Grady John Grant & Ann Rhode Barry Harmon Alex & Jessica Harvill

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Eric Heins and David Swor

Barbara Hendrickson

#### \$250-\$499

Philip Abrahamson & Dana Shelley Larissa Acosta Dennis Aguiling Mark Akers David Ammons

### volunteer services highlights

We kicked off the 2014 summer season with enthusiasm, as the talented drag performer and Filmmaker, Peaches Christ, led over 130 Shanti supporters down Market Street during the San Francisco Pride Parade on Sunday, June 29th.

To pay tribute to our volunteers, and the Shanti legacy, we are hosting a Volunteer Reunion the evening of December 1st at the National AIDS Memorial Grove. The special evening will consist of sharing stories of caregiving and serve as a forum for reconnecting with the greater Shanti community. To learn more, visit www. shantialumni.org/.

On July 20th, we convened in Golden Gate Park for the SF AIDS Walk. Team Shanti--comprised of staff, board members, volunteers, and general supporters--raised over \$12,500 to support our HIV/ AIDS programming. Our team joined thousands of walkers from all over the Bay Area to show their determination and solidarity in the ongoing fight against HIV/AIDS.

During weekend of August 15-17, we conducted the third Peer Support Volunteer Training of the year. Our training team, comprised of staff and experienced Peer Support Volunteers, collectively trained 23 incredible individuals in the Shanti Model of Peer Support. The newly trained volunteers will be matched one-on-one with a Shanti client and provide weekly compassionate support to them. The final volunteer training of 2014 will be held the weekend of November 14-16 and the evening of November 19. To inquire about volunteering, please contact Volunteer Services at volunteerservices@shanti.org.

Since 1974, Shanti has trained over 18,000 volunteers in the Bay Area in the Shanti Model of Peer Support, and those trained volunteers have in turn provided millions of hours of practical and emotional support to individuals living with a life-threatening illness.

#### Leave a Legacy



Shanti launched our Legacy Society in Spring of 2013 in honor of our upcoming 40th Anniversary. The Legacy Society recognizes those who have made a commitment to the long-term future of Shanti by naming Shanti as a beneficiary of their estate. By becoming a member of the Legacy Society, you are investing in the future of the agency and contributing to Shanti's celebrated legacy in San Francisco.

If you have any questions regarding legacy giving opportunities, or wish to get a free copy of our Legacy Society brochure, please contact Thom Lynch at 415.674.4739 or tlynch@shanti.org, or visit our Legacy Society page on our website under "Ways to Donate." *To* see a *list of our Legacy Society Donors go to page 7.* 

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Shanti's amazing team of volunteers and staff at the 2014 AIDS Walk San Francisco. Shanti raised \$12,500.



The amazing Peaches Christ who lead the Shanti Continegent at the 2014 Pride Parade.



Graduates of the Peer Support training.

#### **Compassion Is Universal, Shanti** Celebrates 40 Years of Service (continued)

community, and public officials. Tickets to the event, which will include a cocktail reception, silent and live auctions, dinner, a special performance and awards program, are available for purchase on our website: www.shanti.org/pages/compassion-isuniversal.html.

We hope to build on the success of last year's event, which raised nearly \$300,000 to support the health and wellness of individuals diagnosed with breast cancer or HIV/AIDS in San Francisco. For the 2,000 clients we serve each year, Shanti represents the difference between zero and one - the difference between a client having to face a life-threatening illness alone or having at least one caring presence at his or her side. For more information please contact Shannon Bourne at (415) 674-4713 or sbourne@shanti.org.

#### Hormel & Nguyen Matching Grant (continued)

current donation will be matched.

"We are very honored and grateful for this generous gift," said Executive Director, Kaushik Roy. "Jim and Michael are two of Shanti's most generous and compassionate friends, and this is a great way to enhance our base of supporters as we celebrate 40 years of service."

We are pleased to report that we are more than halfway to our goal of \$100,000. If you have not already donated in 2014, please take this time to donate and double the impact of your gift.

#### **Shanti's Margot Murphy Breast Cancer Program to Expand Services to Gynecological Cancers**

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Beginning in August 2014, the program will pilot an expansion of its services to support high needs gynecological cancer patients. The pilot is in response to a

need identified by our primary referral partners, San Francisco General Hospital (SFGH) and University of California San Francisco Mount Zion Hospital (UCSF Mount Zion). At UCSF Mount Zion, over 200 patients with gynecological cancers are supported and approximately 40 additional women are diagnosed with gynecological cancers at SFGH each year. Although there are a number of support services available to women with breast cancer, there are very few community-based services helping women with gynecological cancers. This is particularly troubling considering that several gynecological cancers have very low survival rates; they are often diagnosed in a later stage because they rarely exhibit early symptoms and do not have recommended screening tests. For example, the estimated 5-year survival rate for women with ovarian cancer is only 44% (SEER cancer statistics review, National Cancer Institute 2009). Shanti is grateful to our keystone supporters for this pilot which

include the Love From Margot Foundation and a oneyear pilot contract with the SF Department of Public Health, endorsed by the Board of Supervisors this summer.

In follow-up to the program's 18-month pilot research project, "Engaging Low-Income Women in Health Research," which addressed the educational and systemic voids that impede the majority of our clients from accessing cutting-edge medical research and technology, Shanti Directors Alyssa Nickell and Maria Caprio co-authored a paper summarizing the pilot's findings with our UCSF partners entitled, "Educating Low-SES and LEP Survivors About Breast Cancer Research: Pilot Test of the Health Research Engagement Intervention," published in the Journal of Cancer Education this past March. In April 2014, Shanti and our UCSF partners were awarded a prestigious three-year, \$600,000 California Breast Cancer Research Program grant to expand on their collaborative research. Work on this research grant will begin later this Fall.

### funder spotlight

Gilead Sciences has provided grants to Shanti since 1999 with a combined total of over \$250,000 in funding for our services for people living with HIV.



According to Amy Flood, Vice President of Public Affairs, "Gilead supports a broad range of organizations, such as Shanti, that improve the health and well-being of communities affected by the diseases we are working to address. The programs we support play an essential role in ensuring that people affected by disease receive the support they need to live healthy, productive lives."

"Our primary concern is to effectively address patients' needs," says Flood. "We strive to innovate on all fronts to achieve this goal, including community grants and partnerships to improve disease prevention, care, and access programs to ensure that patients can benefit from our therapies regardless of their ability to pay for healthcare."

Shanti appreciates the innovation being led by Gilead because of the positive impact it can have on clients. For instance, we are exploring the feasibility of an expansion of Shanti's HIV Services Program for clients who live with HIV and Hepatitis C Virus (HCV). Previously, many clients struggled with severe side effects from treatments related to HCV. New medicines that are becoming available from Gilead reportedly have fewer side effects. "We have conducted studies and are conducting additional clinical trials to provide more insight into the safety and efficacy of Sovaldi in individuals who are also taking antiretroviral therapy for HIV. We are also studying an investigational fixed-dose combination of Sovaldi and another drug, ledipasvir, for the treatment of HCV among co-infected individuals. Our FOCUS program, which partners with local health departments, hospitals and community organizations across the country to strengthen HIV screening and linkage to care, has been expanded to incorporate HCV screening, which will help ensure that that co-infected individuals receive appropriate care and treatment," continued Flood.

As Shanti celebrates our 40th Anniversary, we are grateful of funders' commitments to our programs. In the case of Gilead, Shanti receives funding for both our L.I.F.E. Program and HIV Services Program. Flood shared that this funding is important to their strategic vision of grant making. "We recognize that creating new and better medicines is just one part of the solution - in order to have a lasting impact on patients, we need to partner with and support organizations that can help provide the many other services that patients need. We are very proud to support Shanti and other organizations like yours."

Flood added, "Your readers probably know what a great organization Shanti is, and how critical it has been for so many people living with HIV and other diseases over the past four decades. I hope that they'll continue to support and learn from the important work that you are 5 doing."

# GILEAD

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Leslie Zellers Social Entrepreneur

To learn more about our board members go to www.shanti.org/ pages/shanti-staff-and-board. html