Double Down for Shanti to Benefit Shanti’s Margot Murphy Breast Cancer Program

Set for April 12, 2014 at The City Club of San Francisco, supporters of Shanti’s Margot Murphy Breast Cancer Program will join together to honor an amazing community leader, Tracy Curtis, while raising needed funding. Wells Fargo is our presenting sponsor and the workplace of Ms. Curtis, Regional President. We anticipate a crowd of 200 who will be entertained by casino-type gaming, great food, hosted bar, a silent auction and more. This “must-attend” event will be hosted at the City Club of San Francisco and boasts a robust program of fun! Tickets are available at www.shanti.org.

(continued on page 16)

Shanti Receives $600,000 Gift from Michael Murphy

Michael Murphy announced that he will make a four-year, $600,000 gift to expand the women’s cancer services at Shanti. The gift will support programming annually to enable 150 underserved cancer clients to access proper care in a timely manner. Clients will receive one-on-one patient advocacy, appointment transportation and accompaniment, basic in-home support, translation services, and assistance with applying for social and human services.

Mr. Murphy makes this donation in the memory of his wife, Margot, who passed away in 2011 after a courageous nine-year battle with breast cancer. At his wife’s side during her journey, Murphy was struck by how many other individuals were facing the tremendous challenges of cancer without the resources he and Margot were fortunate to have.
Hello

A Message from our Executive Director

There are few events in life more heart-breaking than being with a loved one and watching him or her succumb to a life-threatening disease. Some of our most loyal supporters are precisely such individuals. Often, they share with me that, as difficult as it is to lose someone to illness, it is through that process that they discover a reservoir of strength and compassion in themselves that may otherwise not have surfaced.

Last year, I met one such Shanti supporter who has awed me with his commitment to help others. Mike Murphy lost his wife, Margot, to breast cancer in 2011. He was introduced to us in 2012, when one of his friends, a Shanti client, brought him to a Shanti event. Later, Mike and I began talking about a partnership to strengthen our Breast Cancer Program as the need for that program’s services continues to increase dramatically. After Mike went through the Shanti Peer Support Volunteer Training last summer, I am honored to say that he made a pledge of $600,000, which he will distribute over four years.

Though Mike may be in a position to donate more resources than many of us, his spirit of generosity is in no way unique in the Shanti community. Shanti has been sustained for four decades by the generosity of tens of thousands of people who have donated both their time and financial resources to ensure that we can be by the side of some of our most vulnerable neighbors as they face the challenges of life-threatening illness. I am humbled to say that 2014 marks our 40th Anniversary, a truly special time during which we will honor this spirit of generosity exhibited by Mike and so many of you. I invite you to join us as we celebrate this milestone, and I hope to see you at one of our anniversary events this year.

Welcome to Our New Staff

Tyler Argüello, Ph.d, DCSW Clinical Supervisor, The Shanti L.I.F.E. Program®

Tyler Argüello comes to Shanti with over 15 years in the field of HIV/AIDS as a critical researcher, educator, and clinical social worker. In Sacramento, Dr. Argüello maintains a small private practice, and is a clinical supervisor at Cares Community Health (formerly CARES). Additionally, Dr. Argüello has taught MSW students at the University of Washington, the University of South California, and recently joined the faculty at Sacramento State. Previously, Dr. Argüello conducted policy research for California State, and directed a CDC-sponsored surveillance project for the California Department of Public Health. By night, Dr. Argüello works on publications and conference presentations based on his doctoral dissertation, which is an original, trans-disciplinary project drawing together Queer Theory, visual culture, and clinical practice. Dr. Argüello is in a bicultural and bilingual marriage with his husband, Juan Carlos, and enjoys being “dadmom” to two teenage children, Junior and Gaby.

Gregg Cassin HIV Health Counselor, The Shanti L.I.F.E. Program®

Gregg Cassin, a 30 year survivor of HIV, has been leading retreats and workshops for the HIV/AIDS, LGBT and at-risk youth communities for over 25 years. In the early days of the epidemic Gregg began facilitating groups for people affected by HIV/AIDS. He founded the San Francisco Healing Circle, and the San Francisco Center for Living. His contribution to the HIV/AIDS community has been recognized with the Certificate of Special Recognition from the U.S. Congress presented by Nancy Pelosi, as well as honors from the City of San Francisco. But the greatest joy and accomplishment of his life is being a Dad to his daughter, Breauna.

Heidi Chang Care Navigator, Margot Murphy Breast Cancer Program

Heidi joined Shanti in the summer of 2013 as a Care Navigation intern and has subsequently transitioned to staff as a bilingual Mandarin/English speaking Care Navigator. Prior to joining Shanti, Heidi graduated from Seattle University with a Bachelors of Science degree in Nursing. She moved to San Francisco shortly after graduation and became a Registered Nurse in California. Through her nursing career, she discovered her passion for psychology and counseling, specifically working with women one and one. While interning with Shanti, Heidi also completed her Post-Baccalaureate Degree in Psychology and Counseling Professions.

David Harrison Development & Program Assistant

David joined Shanti as a Program and Development Assistant in July, after spending two and a half years serving in the Peace Corps in Uganda, where he worked with women’s groups. He also traveled to the Republic of Georgia where he built the restaurant management program for Shota Rustaveli State University. David moved to the Bay Area to apply his experience to the nonprofit sector. David is a proud alum of the Collins College of Hospitality Management at Cal-Poly Pomona. He spent the first years of his career in the hospitality industry, most notably working as a Skipper on The World Famous Jungle Cruise at Disneyland. David is currently working on his MS in Organization Development at the University of San Francisco. In his free time,
THANK YOU TO OUR 2013 COMPASSION IS UNIVERSAL EVENT SPONSORS!

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The Honorable James C. Hormel & Michael P. Nguyen Nordstrom

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The Bob Ross Foundation SF Examiner

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Shanti’s 39th Annual Compassion is Universal
2013 Event Raises a Record Breaking $290,000

Photos by Drew Altizer Photography

Event Co-chairs, Ken Fulk and Bahya Oumlil-Murad

Cindy Spring and Shanti Founder, Dr. Charles Garfield

Event Co-Chair Bahya Oumlil-Murad, and President of the San Francisco Board of Supervisors David Chiu

James C. Hormel Client Community Spirit Award Honoree Matt Dorsey, with The Honorable Mark Leno, California State Senator

Shanti Board of Directors Chair, Frank Petkovich with Mistress of Ceremonies, Janet Reilly

Shanti’s Margot Murphy Breast Cancer Inspiration Award Honoree, Jill Isenstadt with her father, Ernest

Live Auctioner Liam Mayclem with Board Chair Emeritus, Stu Smith (1940-2014)

San Francisco Supervisor Jane Kim with Executive Director Kaushik Roy

Shanti staff, Whitney Miley, Aileen Pak with Shanti volunteer, Julia Hill

Director of Shanti’s Margot Murphy Breast Cancer Program, Maria Caprio with Shanti volunteer, Michael Holland

Event Co-chairs, Ken Fulk and Bahya Oumlil-Murad

Shanti Board of Directors Chair, Frank Petkovich with Mistress of Ceremonies, Janet Reilly
Paul Colfer and his partner Jon Gatto have been supporters of Shanti for decades. Paul grew up in Washington D.C., and came out to his parents in 1977, in the midst of the Anita Bryant anti-gay campaign. He recalls that his parents, Gerald and Veronica Colfer, were strong Catholics who at first had trouble accepting the fact that their son was gay. Shortly thereafter, Paul followed his long time dream of moving to California and came to San Francisco. While Paul’s parents had a difficult time with his coming out at first, he witnessed them go through “a journey of acceptance,” eventually becoming tireless advocates for LGBT rights in the U.S. and throughout the world. They were very active with Parents, Families and Friends of Lesbians and Gays (PFLAG) and Dignity USA, an organization that works for respect and justice for people of all sexual orientations, genders, and gender identities in the Catholic Church.

Paul’s first contact with Shanti came in the 1980s. His partner at the time, Tom Altieri, was a Shanti volunteer in the early 80s and was matched with a client with HIV/AIDS. Tom would help his client with transportation, laundry, errands, or whatever he needed. Several years later Tom received an AIDS diagnosis himself and he became a client. Tom was matched with a volunteer who provided practical support for the 2 1/2 years that Tom was fighting the disease. Tom lost his fight to AIDS in 1988. About 6 months later, Paul started going to a Shanti bereavement group, which helped him through the grieving process of losing his partner. Paul recalls that his parents showed a lot of love and affection for Tom, and were very supportive throughout Tom’s illness.

Gerald and Veronica learned of Shanti through Paul, and when they were planning their estate they decided to include Shanti in their trust. Of this gift, Paul said, “I saw a wonderful change happen in my parents and see their gift to Shanti as a beautiful example of their strong support for the community.” Gerald Colfer passed away in 2002 at the age of 90, and Veronica at age 100 in 2012. Shanti is touched by the generosity of these two compassionate individuals and is honored that they chose to include Shanti as part of their legacy. We are also enormously grateful.
Shanti in the Community

Shanti’s 2013 SF Pride Parade Contingent

Volunteer Allison Moss walking with Shanti contingent SF Pride 2013

Shanti staff and volunteers at Pink Saturday SF Pride 2013

Sister Constance Craving, Derrick Mapp, and Shani at the Shanti L.I.F.E. Program’s Alumni Party

Sean Rawls, Mindy Schweitzer-Rawls, and Lionel Rawls at AIDS Walk SF

Shanti’s 2013 AIDS Walk San Francisco Team raised over $10,000!
Shanti Volunteer Program Receives Highest Endorsement for California

Shanti has been providing compassionate support through its volunteer program since 1974; to be identified as a Service Enterprise at the forefront of the Service Enterprise movement is truly an honor.

May 2013 marked a milestone in the legacy of the Shanti Model and Organization. Shanti was officially certified by California Volunteers, the state service commission in California, as a “Service Enterprise” organization. Why is this a milestone you ask? It would be like the “Good House Keeping Seal of Approval” but for a volunteer program in California. According to California Volunteers, “A Service Enterprise is an organization that fundamentally leverages volunteers and their skills across all leadership levels, and in all departments, to successfully deliver on the social mission of the organization. In fact, research conducted by Deloitte shows that Service Enterprises deliver a 600% return on investment in volunteer capacity.” Upon completion of a thorough and formal assessment, Shanti’s volunteer time was valued at $25.84/hour ($26/hour being the highest possible), and they estimated the market value for all of our volunteers’ time at $791,318.04 last year.

California Volunteers has pioneered the Service Enterprise initiative to further validate and support the opportunity to give time and talent to organizations that really understand how to use this resource. Since 2012, they have successfully identified and certified 60 organizations as Service Enterprises, 13 of which are based in San Francisco. The overarching goal of the initiative is to recognize organizations that are effectively engaging volunteers in service.

24 Graduate From January 2014 Peer Support Volunteer Training

Congrats to our newest graduates of the Peer Support Volunteer Training, who completed the training this past January!

This group of 24 kind-hearted strangers met on a Friday evening to participate in various modules and interactive listening exercises in order to prepare for being matched one-on-one with a Shanti client. A favorite training moment is always the client panel, when our volunteers are able to see and hear firsthand what it actually means to be the difference between zero and one. The client stories are poignant. A participating volunteer summed up the training experience as gaining a “clear understanding of how to ‘act from the heart.’” Our hope is that Shanti’s future Peer Support Volunteers emerge from the training being equipped as ordinary people who do extraordinary things for someone facing a life-threatening illness.

Volunteer Services has been part of the foundation of Shanti from the very beginning. 40 years ago, the first Shanti volunteers were Dr. Garfield’s students who he trained to be compassionate witnesses to the end of another’s life and to offer a non-judgmental ear. Dr. Garfield and his students were the “difference between (zero and one)” in the lives of their patients battling cancer– meaning most would have had no emotional support had it not been for Dr. Garfield and his students.

To date, Shanti’s Peer Support Volunteer Program has trained over 15,000 volunteers in the internationally recognized Shanti Model of Peer Support™.

For more information, please contact Volunteer Services at volunteerservices@shanti.org or 415.674.4708 and visit us at www.shanti.org/pages/peer-support-training.html.
Stokes is a longtime activist who moved to San Francisco in 1984. Though he knew of Shanti early on, he didn’t start volunteering until 1991, taking a shift at the Activitives desk. Stokes left his job but continued to volunteer to support Shanti’s fundraising efforts.

Several years later, suffering from declining health, the loss of his grandfather, and lack of familial support on the West Coast, Stokes turned to Shanti for support. Returning from his grandfather’s funeral, Stokes thought it was very important to take advantage of any services available and accessed Shanti at that time. “I turned to Shanti, very desperate for help,” he remembers. Since then, Stokes’ involvement with Shanti has included being matched with several volunteers and speaking at City Hall in support of maintaining Shanti’s funding.

Stokes notes that his involvement with Shanti was an instrumental part of his journey to accept and embrace his HIV status. “Coming to Shanti was an acknowledgement that I had HIV and I didn’t know how to deal with it,” he said. Stokes’ first volunteer was none other than Planning Council Director Mark Molnar, and Stokes recalls their time together fondly. Mark remarked that Stokes “could handle any situation.”

Over the years, the connections that Stokes has made through Shanti have remained in his life. Stokes appreciates the thought put into his peer support matches and reports that “adaptability, patience, compassion, and holistic support” are the attributes of his Shanti volunteers that he finds most valuable. “Having a person dedicated to my needs, accepting me for all that I am has helped me allow people to help me and that has made me feel more a part of the world.”
**Shanti Clients and Staff Write Letters for Girls Love Mail**

In May, our Breast Cancer Program’s clients and staff gathered for a letter writing party. Together we wrote letters of encouragement in English, Spanish, and Cantonese, all of which will be distributed nationwide to women newly diagnosed with breast cancer through *Girls Love Mail*. Girls Love Mail is a 501(c)(3) charitable organization that collects and distributes hand-written letters of encouragement to women going through breast cancer treatment. As recipients of *Girls Love Mail* letters, our clients have been deeply moved by the caring and thoughtful words of those who’ve contributed letters. We were honored to give back to the community by sharing our own words of support.

**Swim for L.I.F.E.**

On August 25th, 2013 over two dozen swimmers from around the Bay Area gathered at the Hamilton Pool in San Francisco to swim a mile in support of the Shanti L.I.F.E. Program, raising over $11,000. The award-winning San Francisco Tsunami Synchronized Swimming Team kicked off the morning’s event with a choreographed performance. Swimmers and guests were treated to complimentary drinks by Zico and Columbia Gorge Juice.

Thank you to our sponsors: the San Francisco Tsunamis, Littler Mendelson, Finis, Zico, Columbia Gorge, dot429, the Bay Times, and Sports Basement. For information on how to get involved with the 2014 event, contact Michael Sorensen at msorensen@shanti.org or 415.674.4739.

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**Love From Margot Foundation, continued from page 1**

After her passing, Murphy committed himself to helping as many other underserved women with cancer as possible. “Shanti is the perfect organization for us to partner with,” said Murphy. “Margot was the most loving person I have ever met, and Shanti’s mission and model embodies the tremendous compassion and kindness Margot offered to everyone she encountered.”

“I had a chance to go through the Shanti Volunteer Training and see first hand how powerful and necessary the Shanti Model is for people who are facing serious illness,” said Murphy. “I see this as just the beginning of a great relationship with Shanti. I want to make sure that we offer the Shanti Model of Support™ to other communities and to people with other types of life-threatening illness.”

During Shanti’s 39th Annual Dinner in October, Charles Garfield, formally announced the renaming of our breast cancer program to “Shanti’s Margot Murphy Breast Cancer Program.” Shanti also presented an award in Margot’s memory, the Margot Murphy Breast Cancer Inspiration Award, to Shanti Peer Support Volunteer Jill Isenstadt, at Shanti’s 39th annual Compassion is Universal dinner.
Shanti’s clients, and subsequently went through training to become a Peer Support Volunteer. I was matched with my client, Magna, for several years while also facilitating a monthly support group for other volunteers.

**What do you do outside of your work with Shanti?**

Most recently I’ve worked in the global development and technology sectors as a Vice President at Samasource. In my free time I enjoy exploring the great outdoors by foot, bike, and ski.

**You were honored at CIU 39 with the Margot Murphy Breast Cancer Inspiration Award, what was that experience like?**

Receiving the award was a surreal and humbling experience – especially being introduced by Charlie! I was thrilled to share Shanti’s work with my friends and family who joined me at the event, along with the hundreds of others who attended. It was a very meaningful experience and a wonderful evening.

**Micki Klearman, M.D.**  
*Associate Group Medical Director, Genentech*

**How did you hear about Shanti?**

I met Kaushik at Board Match in February 2013. I was impressed with him and the work of Shanti and wanted to learn more.

**What has been the biggest “ah-ha” learning you’ve had while being associated with Shanti?**

The depth and breadth of services offered by Shanti. Shanti is much more than a peer support organization.

**What are you looking forward to with your service as a board member?**

The chance to work with very committed staff and board members toward a common goal – providing care and support for some of the neediest members of our community.

**You attended the volunteer training in January. What was that like for you?**

I came away from the weekend so full of hope for our society as a whole and for Shanti as an organization. All of those good loving people gathered together to give of themselves made me happy to be part of this community.

**Nisha Trivedi**  
*Associate Brand Manager, Del Monte Foods*

**How did you first hear about and get involved with Shanti?**

I first learned about Shanti through the Board Match event in February 2013, which I had attended with the goal of finding a health-focused organization to serve. During the event, I struck up a conversation with Maria Caprio and was compelled by the organization’s core mission of ensuring that no individual has to endure a serious illness alone. I then decided that I needed to learn even more about Shanti.

**What do you do outside of your work with Shanti?**

My day job is in marketing/business management, and activities I most enjoy outside of work are wine tasting, reading, exploring the city with friends, and international travel.

**You recently went through the volunteer training. What was that experience like?**

In a word, enlightening. It really taught me the importance of being fully present for another person without imposing judgement. Not only has it made me appreciate on a deeper level what Shanti offers but also, it’s taught me how to be more empathetic with important people in my life.

**Christopher Wiseman**  
*Principal, Christopher Wiseman Consulting*

**How did you first hear about and get involved with Shanti?**

I learned about Shanti from a staff member shortly after moving to San Francisco in 2003. Upon seeing my own mother face breast cancer with the support of friends and family, I have a strong belief that no one should be alone during illness. Shanti’s many staff members and volunteers
A Remembrance of Stu Smith and his Legacy of Service

With the passing of Stu Smith on February 3rd, San Francisco’s LGBT, HIV, and Recovery communities lost one of its iconic members and leaders. Words are inadequate to try to describe the breadth of his impact and the void he leaves behind in the community. As he was for so many others, Stu was a pillar of love and strength for me, and he made a huge impact on my life as an invaluable mentor and dear friend. When I first became Executive Director of the Shanti Project, I was only 30 and completely inexperienced. Stu took me under his wing and we were joined at the hip for a couple of years. He shared his experiences and guidance, introduced me to everyone he could, and was always so optimistic and confident in the healing and transformative powers of compassion.

Stu knew firsthand how compassion could save one’s life. Ernest Hemingway reminds us that this world breaks everyone, but some of us are able to come back stronger in the places where we were broken. When this world broke Stu, he chose to heal himself. But that wasn’t enough for Stu, because he realized one of the great secrets of life—that the way we go beyond healing and actually become stronger in our broken places, is by being there for others, so they too can heal and become stronger. And I’m not sure if any of us knows anyone else that has done what Stu did for the last two decades. In his own gentle, unassuming way, he offered love and compassion to everyone he encountered. Whether it was through his recovery or all the different nonprofits in which he was involved, Stu showed up for countless numbers of people, so they could also heal and become stronger.

I would not be the person I am without Stu, and Shanti would not be the organization that it is today. The beautiful thing about Stu is that there are countless numbers of people and organizations that can say the exact same thing. Over the last 20 years, Stu was a shining example of how to lead a truly meaningful and selfless life. Before his passing, I knew that a lot of people loved Stu. What I’ve realized in the two weeks since his death is just how deeply people loved Stu and how incredibly affected others were by his caring and nurturing ways. He was truly an original and will be greatly missed, and I hope we all try to follow his lead and continue his inimitable legacy of service.

Written by Kaushik Roy, Executive Director of the Shanti Project and first printed in the Bay Times on Feb. 20, 2014.
HIV was ravaging the community here in San Francisco and around the world, and when I got the results that decreed me infected back in 1988, I assumed like all gay men that I had little left of my life. I was frightened and unsure what I could do to fight this death sentence and I read an article in The Bay Area Reporter (B.A.R.) that profiled a non profit I knew nothing of, but this non profit was training men and women to become providers of practical and emotional support to the many dying so young and with promising futures. My motivation was fear that I'd die alone without a clue how to face death with dignity and some kind of faith the dying seem to find. I called Shanti the next day and within a few days was going through an intake to qualify myself to be a volunteer working with men and women trying to make life easier for those going through the struggle with AIDS.

To read more of Stu's love letter to Shanti go to www.shanti.org/pages/stu_smith_in_memory.html
Shanti’s mission is to enhance the quality of life, health, and well-being of people living with life-threatening illnesses. The people that come to Shanti frequently need assistance with care navigation and require health education related to their illness. Furthermore, they seek emotional and practical assistance because they often face their illness alone. As the vast majority of our clients are very low-income, marginalized, and underinsured/uninsured, all of Shanti’s programs are provided free of charge. Without our services, many of these clients would struggle to fill out paperwork, schedule appointments, communicate with their doctor, access educational materials, get to medical appointments, or receive emotional support. Shanti works to ensure that our clients remain in treatment and emerge from isolation, thus improving their health outcomes. The following is a summary of our programs’ progress and achievements in Fiscal Year 2012-2013 (July 1, 2012 – June 30, 2013).

**Shanti HIV Services Program**

Shanti’s HIV Services Program provided direct services to 458 people living with HIV (PLWH) in FY 2012-2013, including 107 new clients. Our staff and volunteers provided over 14,500 hours of assistance to help clients establish and maintain a continuity of care and treatment.

Through continuing activities at partner sites St. Mary’s Medical Center and Westside Community Services, as well as in our on-site Drop-in Center, staff members connect with PLWH who are likely to engage in activities that lead to poor health outcomes and the transmission of HIV. Our program, which includes home visits to assess client health and advocacy with providers, has a “prevention with positives” focus that encourages treatment adherence to reduce clients’ viral load; this improves clients’ health and greatly reduces the risk of transmission of HIV to others. In FY 2012-2013, Shanti’s Cancer Support Group “Jeffrey’s Place” increased in size, serving 50 gay/bisexual men with a cancer diagnosis.

**Shanti’s Margot Murphy Breast Cancer Program**

Our Margot Murphy Breast Cancer Program provided direct services to 506 clients in FY 2012-2013, with 94% of these women living at or below 200% of the federal poverty level. In addition, staff and volunteers provided 7,056 hours of direct care to clients and distributed 1,120 taxi vouchers for medical and social service appointments and 150 emergency grocery vouchers.

In collaboration with our UCSF research partners and BreastCancerTrials.org, we also completed an 18-month pilot project funded through a grant from the California Breast Cancer Research Program (CBCRP) this past April, entitled “Engaging Low-Income Women in Health Research.” With participation from Shanti staff, clients, local medical providers, and social workers, the pilot’s educational intervention addressed the educational and systemic voids that currently impede the majority of our clients from accessing cutting-edge medical research and technology.

**The Shanti L.I.F.E. (Learning Immune Function Enhancement) Program**

In FY 2012-2013, the L.I.F.E. Program served 985 PLWH, with 627 from the San Francisco area and 358 in other U.S. cities where our partners present the L.I.F.E. Program is an effective HIV self-management program based on the latest research in HIV treatment, prevention, health promotion, and self-management.

The L.I.F.E. Program supports underserved and diverse populations with a culturally and linguistically relevant program designed to best meet the needs of its clients. The program has been replicated and implemented by our partners in community-based organizations, hospitals, and medical clinics in 20 cities, including Boston, New Orleans, and Chicago.

**Volunteer Services Program**

Since our inception, Shanti has trained over 15,000 volunteers in the Bay Area to provide critically needed emotional and practical support to underserved members in our community. In FY 2012-2013, we had 385 active volunteers, with 122 serving as Volunteer Caregivers matched with clients. In total, our volunteers donated 14,150 hours of their time, valued at $791,318. Moreover, they helped us achieve our mission: to enhance the quality of life, health, and well-being of people living with life-threatening illnesses.
Community Support Program

This public policy program provides management, evaluation, policy analysis, needs assessment, administrative support, and training to council members of the San Francisco Eligible Metropolitan Area (SFEMA) HIV Health Services Planning Council. The Planning Council is mandated by Congress and the Health Resources and Services Administration to determine the prioritization of HIV service categories and the allocation of Ryan White resources to San Mateo, Marin, and San Francisco counties. In FY 2012-2013, Shanti staff members provided two needs assessments for PLWH: the “Aging” (50+) Population and Latino men who have sex with men. Staff members also conducted smaller-scale focus groups with three groups of PLWH: youth, Native Americans, and individuals with housing challenges.

2013 Financial Report
audited by Noe and Company, fiscal year ending 30 June, 2013

$2,635,581 Income

$2,582,607 Expenses

FY 2012-13 has been a successful year for Shanti’s fundraising with double-digit increases from non-governmental supports, accounting for 53% of our revenues. We replaced a significant portion of government funding cuts, though we may not have seen the end of those cuts. Shanti continues to invest in our ability to raise funds for direct service programming while advocating for continued support from Federal, State and local government. The numbers in this graph show our diverse funding streams and a move away from unstable funding sources. We are proud to report that our formal FY 2012/13 audit is complete with no adverse findings. This is available to the public at www.shanti.org under the “about” tab.
shanti thanks our 2013 service volunteers

The staff at Shanti would like to thank our volunteers for their commitment in providing compassionate care and service to our community.

Aaryn Herridge
Abby Denicasio
Adeke Obbanya
Adrienna Li
Aidan Cleeland
Alex Goldsmith
Alex Rivera
Alex Yoshikawa
Alice Liddell
Alison McCreery
Allie Lieber
Allison Moss
Allison Pullins
Aly Eagan
Amit Pendyal
Amy Ratkovich
Andrea Kantor
Andrew Klosaf
Angela Humphrey
Angie Murphy
Anita Avram
Anna Brodski
Anna Cueni
Anne-Marie Held
Annemarie Nangle
Antonia Accinquaplace
April Apostol
Aram Yoo
Arthur O’Donnell
Aryal Afifi
Ashley McDaid
Ashley Pellouchoud
Ashley Ross
Ashly Bridges
Audrey Kuan
Bahuya Oumlil-Murad
Barbara Asaro
Barry Cupis & Bernadette Robison
Bill Gundel
Bill Kwok
Bill Bedford
Brandon Russell
Brennetta Fisher
Bryant Enge
Caezar Alexander
Cammie Seibel
Carl Nicita
Carlos Medina
Carly New-Beers
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Charla Welch
Charlie Hunter
Charlotte Runzel
Chip Supanich
Chris Arsenault
Chris Caldeira
Chris Chinn
Christie Sekino
Christine Chan
Christopher Zepeda
Christopher Wiseman
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Cindy Kang
Cintia Cavalcante
Clarence Calzada
Constance E. Norton
Courtney Twomey
Damon Malakai
Dan Hill
Dan Hughes
Dannielle Gallisa
Danielle Worth
Dave Earl
Dave Numme
David Boyd
David Harrison
David Liao
David Smea
Deanna Lucas
Debra Garner
Deena Grady Buerger
Dennis Fitzgerald
Drusia Dickson
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Ed Connelly
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Elaine Silver
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Elizabeth Henehan
Ellen Lingar
Emi Spain-Yousefi
Emily Wilksa
Emma Netland
Erika Roddy
Erin Buddeke
Eri Flynn
Ernesto Quintanilla
Esther Situ
Ethan Circle
Fairley Parson
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Frank Rolando
Frderic Tarmis
Gabe Quinto
Gabriel Gracida
Gary Koehler
Gigi Chellamy
Glenn Vickers
Glenn Michelson
Grace Peterson
Greg Hamuay
Gregg Timmons
Haia Sophia
Han Auyeung
Hannah Sabet
Hannah Williams
Hazel Betsey
Heidi Schmidt
Honoria Sarmento
Hyojung Sung
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Ilia Mirkin
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provide the level of support my mother received, giving clients respect, compassion, and dignity, which encouraged me to become a part of this wonderful organization.

**You’ve been involved with a lot of Shanti’s fundraising events. What inspired you to do that?**

I believe life has offered me so much that I want to help Shanti reach and exceed all of their fundraising goals. I have attended and hosted many parties, and I believed that I could use some of these skills for Shanti. The first auction I worked on was in the spring of 2012 and I more than tripled my revenue goal, which made me realize I could do this and had a future in raising money for Shanti. With a mission that means so much to me and to those I share it with, people want to contribute in their own ways which includes donating auction items, sponsoring and attending events, and offering their time to support the organization.

**What do you do outside of your work with Shanti?**

On a professional level, I run my own independent consulting practice where I work with nonprofit organizations and foundations to achieve greater effectiveness in maximizing revenue.

On a personal level, I have been in a loving relationship with my other half Eric, who has always encouraged and supported my work with Shanti, my career ambitions, and my varied interests and hobbies. Together, we enjoy trying new restaurants, seeing movies, listening to classical and jazz music, and travelling to new places.

---

*Leslie Zellers*

**Social Entrepreneur**

**How did you first hear about and get involved with Shanti?**

I was aware of Shanti from my time living in San Francisco in the 1990s. However, I learned more about Shanti’s work at the 2013 Board Match, an event sponsored by the Volunteer Center to match prospective board members with interested nonprofit organizations. I was looking to work with an organization that helps people who are living with serious illness or facing end-of-life issues. I was impressed by the passion and professionalism of the staff I met and knew that I wanted to learn more about the organization.

**You recently went through the volunteer training. What was that experience like?**

The training was an amazing opportunity to learn and practice the skills of compassionate listening. I was so impressed by the 20+ volunteers at the training who are willing to donate their time to help someone with a life threatening illness by providing practical support such as cooking, or just by listening. Hearing from both current clients and volunteers reinforced the powerful impact that Shanti volunteers are having on their client’s lives.

**What do you do outside of your work with Shanti?**

I am an attorney who consults with various nonprofit organizations on legal and policy issues in public health, such as tobacco control and obesity prevention. For example, I work with cities in Alameda County to help improve their laws creating smoke-free areas and regulating the sales of tobacco products. I also serve on the Board of Directors of a tobacco control nonprofit and I volunteer with a Bay Area hospice.

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If you are interested in learning more about Shanti’s Board of Directors, please contact Kaushik Roy at 415.674.4722

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*Shanti’s Board of Directors at the 39th Annual Compassion is Universal* (l to r): Keith Waltrip, Christopher Wiseman, Angie Murphy, Chip Supanich, Scott Hawkins, Ernesto Quintanilla, Tracy Curtis, Gavin Hamilton, Emily Wilska (Secretary), Stu Smith (Board Chair Emeritus), Constance E. Norton (Vice-Chair), Frank Petkovich (Chair), Leslie Zellers, William L. Dawes (Treasurer), Alex Rivera, Manoog Hadeshian, and Micki Klearman (not pictured)
“I am proud to honor Tracy Curtis at this year’s ‘Double Down for Shanti’ event. This year, the event will have something for everyone, especially an opportunity to raise money for an organization we both care deeply about,” said Christopher Wiseman, Event Co-Chair and Shanti Board Member.

Ms. Curtis has been a longtime supporter of Shanti, serving as a volunteer Board Member and working to bring needed funding to Shanti’s Margot Murphy Breast Cancer Program. You can join Ms. Curtis and hundreds of other supporters by attending this fantastic event. VIP tickets are still available. And we promise everyone will leave a winner!

The Margot Murphy Breast Cancer Program provides critical one-on-one services to over 450 of San Francisco’s most vulnerable residents diagnosed with breast cancer. Started in 2001, the program provides services to low-income/uninsured women, the majority of whom are women of color who live on limited or restricted incomes.

for the unwavering support of Paul and Jon, which has helped us to continue to provide emotional and practical support to our most vulnerable neighbors for nearly 40 years.

Today Paul lives in San Francisco with his partner Jon and works as a Senior Consultant at Kaiser Permanente. Jon is an artist and retired art framer. Paul loves to hike, and Jon and Paul both enjoy travel, theater, and getting together with friends.

The volunteers at Children of Grace, an organization that sponsors education for AIDS orphans to go to school in Uganda.

Katie Lawlor Development Assistant

Prior to joining the Shanti staff, Katie held positions with the Office of Mayor Bloomberg and the U.S. Department of State, and was selected as a 2005-2006 California Executive Fellow with the Office of the Governor. She also has a background in broadcast journalism, spending three years living in New York City and working for NBC News. Katie has a passion for volunteering with hospice and animal rescue organizations. She and her certified therapy dog Bear frequently work with the SOUL (Source of Unconditional Love) Project, Mercy General Hospital’s animal-assisted therapy program.

Ai May Tan Care Navigator, Margot Murphy Breast Cancer Program

Ai May joined Shanti in 2013 as a Care Navigator with our Breast Cancer Program. Prior to joining Shanti, Ai May was working in Asia as a research assistant for two years. During this time, she also volunteered with the National Stroke Center in Malaysia, conducting multilingual group and individual therapy sessions for various types of speech disorders with adults who had acquired speech and language difficulties. Originally from Malaysia, Ai May came to San Francisco to pursue higher education and subsequently earned her Bachelor’s in Linguistics and English at UCLA.

Lily Tsen Care Navigator, Margot Murphy Breast Cancer Program

Lily joined Shanti in 2013 as a Bilingual (Cantonese) Care Navigator with the Breast Cancer Program. Prior to becoming staff, Lily began volunteering with Shanti in 2008. The Peer Support Volunteer Training inspired her to pursue Master’s degrees in Psychological Counseling and School Counseling in 2009. While completing graduate training at Columbia University, she worked with a diverse set of patrons (children, adolescents, adults) through volunteering, practicum, and internship placements. At Stuyvesant High School in NYC, Lily worked in the capacity of a guidance counselor and after returning to the Bay Area, Lily counseled women with severe eating disorders in an intensive residential treatment facility. Lily’s commitment to grassroots and community-oriented causes extend back to high school, where she served as a youth leader for the SF Peer Resources and the Chinese Progressive Association. Lily holds a B.A. in Sociology and Anthropology from UC Berkeley.

Michael Sorensen, M.P.A. Director of Development

Michael comes to the Shanti Project with a long history of community service, most recently as the Executive Director of Malama Pono Health Services on the island of Kauai. His previous work includes service as Director of Development and Communications at Cascade AIDS Project in Portland, OR and as Executive Director at Samaritan Counseling Centers (a mental health agency) and Children’s Relief Nursery (a child abuse prevention agency). Michael has worked for school districts and county government as well. He holds a Master’s degree in Public Administration from Portland State University. He moved to San Francisco in January 2014 with his partner Levi, son Sam, and four pound Yorkie, Wickett.
**fund spotlight**

The Safeway Foundation has supported Shanti since 2001 with a combined total of over $110,000 for our Margot Murphy Breast Cancer Program. Breast Cancer is one of the Foundation’s funding priorities, and according to Public Affairs Manager Wendy Gutshall, Shanti’s Breast Cancer Program “is important because it provides services in the neighborhoods where our customers and employees live.”

“Safeway has an operating philosophy that is rooted in corporate social responsibility and focused on four key elements, which are people, products, community, and planet,” says Gutshall. “These elements are what we call the heart of Safeway. It brings together our passion for food and serves our customers’ developing needs in our neighborhoods and our planet.”

Funds from Safeway’s grants help cover the cost of emergency food vouchers, wellness workshops, client transportation to and from medical appointments, and direct client services. All of these services are vital parts of our unique and critical breast cancer support services program.

**Leave a Legacy**

Shanti launched our Legacy Society in Spring of 2013 in honor of our 40th Anniversary in 2014. The Legacy Society recognizes those who have made a commitment to the long-term future of Shanti by naming Shanti as a beneficiary of their estate. Members of the Legacy Society play a vital role in ensuring that the organization can continue to provide critical services for individuals facing a life-threatening illness for decades to come. By becoming a member of the Legacy Society, you are investing in the future of the agency and contributing to Shanti’s celebrated legacy in San Francisco.

Thank you for considering joining the Shanti Legacy Society. Please let us know if you have already included Shanti in your estate plan. If you have any questions regarding legacy giving opportunities, or wish to get a free copy of our Legacy Society brochure, please contact Michael Sorensen at 415.674.4739 or msorensen@shanti.org, or visit our Legacy Society page on our website under “Ways to Donate.”
Thank you to our donors

Donors who contributed $250+ from Fiscal Year 2012-13 (July 1, 2012 – June 30, 2013)

$100,000+
Genentech Foundation
Michael Murphy
UCSF’s California Breast Cancer Research Program

$25,000-$99,999
AbbVie
Ambassador James C. Hormel & Michael P. Nguyen
Nordstrom Inc.
Gilead Sciences, Inc.
The San Francisco Foundation
Janssen Therapeutics

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San Francisco AIDS Foundation
George H. Sandy Foundation
To Celebrate Life Breast Cancer Foundation
Wells Fargo Bank SF Bay Region
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$5,000-$9,999
Allison Taylor Holbrooks Breast Cancer Research Fund
Anonymous(2)
Broadway Cares/Equity Fights AIDS
Tracy Curtis
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Birke Reimnitz
Alex Rivera & Miguel Bustos
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VITAS Integrative Hospice Care
Tom Wilson
Kevin Winge & Kevin Shores
Henry Winsor
Veronica Young & Jacob Moss
In-kind donations for our Shanti office

- Laptops
- Projectors
- Color Laser Printers
- Flatscreen Computer Monitors
- Adobe Creative Suite for PC's
- Ergonomic Computer Chairs
- Interior Design/Organization Services
- Local Storage Space
- Copy Paper
- Hygiene supplies for clients
- Snacks for clients/community meetings

Please contact development@shanti.org to make an in-kind donation.

Creative Ways to Support Shanti

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City and County of San Francisco (subcontracted through the SF AIDS Foundation and SF General Hospital's Breast & Cervical Cancer Program)

SF Department of Public Health (Ryan White Part A funding)

Legacy Society

Anonymous (2)  
William Dawes  
Charles A. Garfield & Cindy Spring  
Leif Neilson

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730 Polk Street
San Francisco, CA 94109

Saturday, April 12th, 2014
3pm to 6pm
The City Club of San Francisco

Presented by

Wells Fargo

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Co-Chairs
Constance E. Norton | Christopher E. Wiseman

Honoring
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Buy tickets NOW at shanti.org!