SHANTI is a pioneering nonprofit that builds human connections to reduce isolation and improve quality of life. We believe that meaningful relationships are essential for navigating life’s most difficult challenges. Every day, we shine a light on the suffering that can accompany isolation or illness, and combat it through the power of personal connection. **Because when we take care of each other, we make San Francisco a healthier and more compassionate community, for everyone.**
IN FISCAL YEAR 2018-2019

2,150
San Franciscans received compassionate care, community, and connection with Shanti.

850
people volunteered their time to support our clients.

ABOUT OUR CLIENTS

100% of our clients are residents of San Francisco

9 out of 10 clients live with very low income*

More than half are LGBTQ

Nearly 40% are age 60 or older

*Living at or below 200% of the Federal Poverty Level. For one person this amount is $24,980 per year.

SINCE OUR FOUNDING 45 YEARS AGO

Shanti has touched more than half a million lives in San Francisco.
HIV Programs

“There aren’t a lot of community services around here that I trust to come into and not be judged because of my addiction or my ailments. I came to Shanti really rough around the edges, and I wasn’t easy to get along with, not by anyone else’s fault but my own. Thanks to all of the years of coming to Shanti, my addiction is now zero. Shanti has opened doors for me that I couldn’t open myself and I have a lot to give thanks to Shanti for.”

—Gary, A Shanti Client Since 2015

For people living with HIV and/or HCV who come to Shanti, we give them hope, dignity, and connection. We offer a safe place to be, where they are accepted and valued for who they are. With our support, they can better manage all aspects of their health.

In Fiscal Year 2018-2019
792 people received our services

About Our Clients
89% live with very low income
75% are LGBTQ
45% are age 60+
31% are marginally housed or experience homelessness
141 clients are co-infected with HIV and Hepatitis C Virus (HCV)
15 clients are monoinfected with HCV
IN FISCAL YEAR 2018-2019
104 people received our services

ABOUT OUR CLIENTS
97% live with very low income
94% are age 60+
74% live alone
77 clients are living with a disability

DURING THE YEAR
42 clients were matched one-on-one with a Shanti Peer Support Volunteer
34 clients received supportive services from our partner, Curry Senior Center

LGBTQ Aging & Abilities Support Network

“Before I came to Shanti, I was really struggling. I was in a low point in my life, and I was depressed. Being connected to Shanti has helped me break a whole pattern in my life that was really bad. Now, I am more involved socially with people and groups, and I’ve kind of come out of my shell. I don’t know what my life would be like without Shanti, but I don’t like to think about that.”

—SERGIO, A SHANTI CLIENT SINCE 2016

Our LGBTQ neighbors who are aging and have disabilities no longer need to endure their challenges on their own. With compassionate care and connection to community, we enable them to emerge from social isolation and feel seen.
Margot Murphy Women’s Cancer Program

“Shanti helped give me the strength and hope I needed to complete the painful and intensive treatment for my stomach cancer and move into survivorship. My Care Navigator was by my side during my darkest times. She also connected me to resources like meals, legal assistance, free dental, therapy, a Spanish-language support group, and even pet support for my two dogs. I don’t know what I would have done without Shanti.”

—PIEDAD, A SHANTI CLIENT SINCE 2017

No woman who comes to Shanti will face her terrifying and painful cancer journey alone. Our unwavering support empowers women with cancer—especially women of color with low-income—to overcome linguistic, social, and financial barriers to make it through treatment and into survivorship.

IN FISCAL YEAR 2018-2019
433 women received our services

ABOUT OUR CLIENTS
95% live with very low income
60% speak a primary language other than English
38% have very limited or no English speaking ability
More than 30% are age 60+
76% have breast cancer; 8% have gynecologic cancers; and 16% have other cancers
In Fiscal Year 2018-2019:
232 people received our services.

About Our Clients:
- 86% live with very low income
- 99% are people of color
- 82% identify as female

During the Year:
- 75 evictions were prevented
- 15 clients were referred to supportive housing programs
- 70 clients were referred to housing-related legal services

Peer Advocate Care Team (PACT):

“Without PACT to help me with my relocation into the new building, I would have been lost in the system, unaccounted for. From the very beginning, my Care Navigator kept me up to date, gave me vital information, spoke to property management, and advocated for me and my daughter when I wasn’t able to. Without PACT, I would have been looked over, and may not have even qualified for the new housing I was promised.”

—Micah, a Shanti client since 2017

For our neighbors in Portero Hill Public Housing, we ease their anxiety and stress as their lives are uprooted during revitalization of their housing community from low-income into mixed-income. We are a constant source of stability, advocacy, and coordination during this disruptive process.
Pets Are Wonderful Support (PAWS)

“Manish, my dog, is my life. She is my family. She keeps me really busy so I don’t have time to think about being isolated or lonely. When I am lonely I know I can hug her and I can cry and I can talk to her. We look forward to the monthly deliveries because we know that without PAWS my dog would have a hard time getting food. PAWS is just everything.”

—Ana, a PAWS client since 2006

PAWS keeps people and their beloved pets together in the face of poverty and other hardships that threaten to separate them. We make sure seniors and folks living with illness and disability are able to care for their furry companions (often their best friends), who provide unconditional love and support.

IN FISCAL YEAR 2018-2019
589 people and 781 pets received our services

ABOUT OUR CLIENTS
100% live with very low income
About half are age 60+
70% are living with a disability
Nearly 50% are living with HIV

OUR FOOD BANK PROVIDED
77,000 cans of wet pet food
23,000 pounds of dry pet food
15,000 pounds of cat food

OUR VET SERVICES PROVIDED
100 pets with free consultations at our Ask-the-Vet clinics
IN FISCAL YEAR 2018-2019

134 Peer Support Volunteers provided one-on-one weekly emotional and practical support

Peer Support Volunteers contributed more than 12,000 hours of service

“I can’t put into words what having Ashley with me means,” says Shirley, a 96-year-old client in our LGBTQ Aging & Abilities Support Network.

Volunteer Services

“Being a Shanti volunteer makes my life better, and I am thankful to be a part of it. Shirley has a great spirit and a great warmth about her. She always likes to tell me about her day and things that happened in her past. It makes me appreciate the life she has been living, and I get to learn about different eras in time. I am inspired by her. I think she’s a wonderful person. She definitely brings light into my life and I’m hoping to bring some to hers.”

—ASHLEY, A PEER SUPPORT VOLUNTEER SINCE 2018

Our volunteers are the heart of Shanti. We guide them in making meaningful personal connections with San Franciscans who often feel alone as they face illness, disability, and aging. Our volunteers offer a compassionate presence that impacts the whole community.
Thank you to our donors!

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“Founding Shanti and serving our mission for 45 years has been my special joy and privilege. Cindy and I gladly offer our support for the next 45 years!”

—DR. CHARLES GARFIELD
SHANTI FOUNDER DR. CHARLES GARFIELD AND CINDY SPRING

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Shanti is most grateful for the following donors who have designated Shanti or PAWS in their estate plans.

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We sincerely apologize for any accidental omissions or misspellings. Please contact Scarlett Chidgey, Deputy Director of Development, at schidgey@shanti.org with comments or corrections.
**2018-2019 Fiscal Year Report**

**REVENUE**

- **Fees/Contracts** ........................................ $3,861,578.12
- **Grants** .................................................. $1,665,334.70
- **Donations** ................................................ $852,397.69
- **Donated Goods/Services** ...................... $587,902.34
- **Events (net)** ............................................ $406,137.97
- **Other** .......................................................... $36,741.93

**TOTAL REVENUE** ............ $7,410,092.75

- **Fees/Contracts** .................. 52%
- **Grants** ........................................ 22%
- **Donations** ...................................... 12%
- **Donated Goods and Services** .......... 8%
- **Events (net)** ............................. 5%
- **Other** ............................................. >1%

**EXPENSES**

- **HIV Programs** ............................ $1,502,307.26
- **LGBTQ Aging & Abilities Support Network (LAASN)** ....... $440,894.09
- **Margot Murphy Women’s Cancer Program** ....................... $1,004,015.74
- **Peer Advocate Care Team (PACT)** .................................. $491,616.21
- **Pets Are Wonderful Support (PAWS)** ................................... $871,628.59
- **Volunteer & Community Support Services** ................. $683,545.30
- **Administration** ..................................... $620,928.02
- **Fund Development** ........................... $639,049.31

**TOTAL EXPENSES** ............ $6,253,984.52

*Based on unaudited financial statements*
Shine a Light

45 years of cultivating compassion in our community

To learn more about Shanti’s work and how you can make a difference, visit us at:

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