

Session 1, April 29

Guided imagery on play:

Bring to mind a time you felt playful. Connect with the feelings that brings up for you. Ask that memory what it has to teach you about play.

# Group whiteboard on play

Children playing at a carnival, with sounds of music and laughter



belly laughter, lightness, worry free

Nostalgia, joy, precious moments



circling around each other = playing animal or human



image of lots of colors and sparkles

openness, lightness

# Cartoons shared today

- Shell silverstein: <https://www.harpercollins.com/blogs/harperkids/shel-silverstein-poems>
- Bechdel: <https://lithub.com/read-the-1985-comic-strip-that-inspired-the-bechdel-test/>
- Underdone comics <https://www.instagram.com/underdonecomics/>
- Ny: <https://www.instagram.com/p/CbVAawjs9u8/>
- Softcore trauma: [https://www.instagram.com/p/CbX4mv\\_pH4C/](https://www.instagram.com/p/CbX4mv_pH4C/)

The next four slides are our group generated comic:

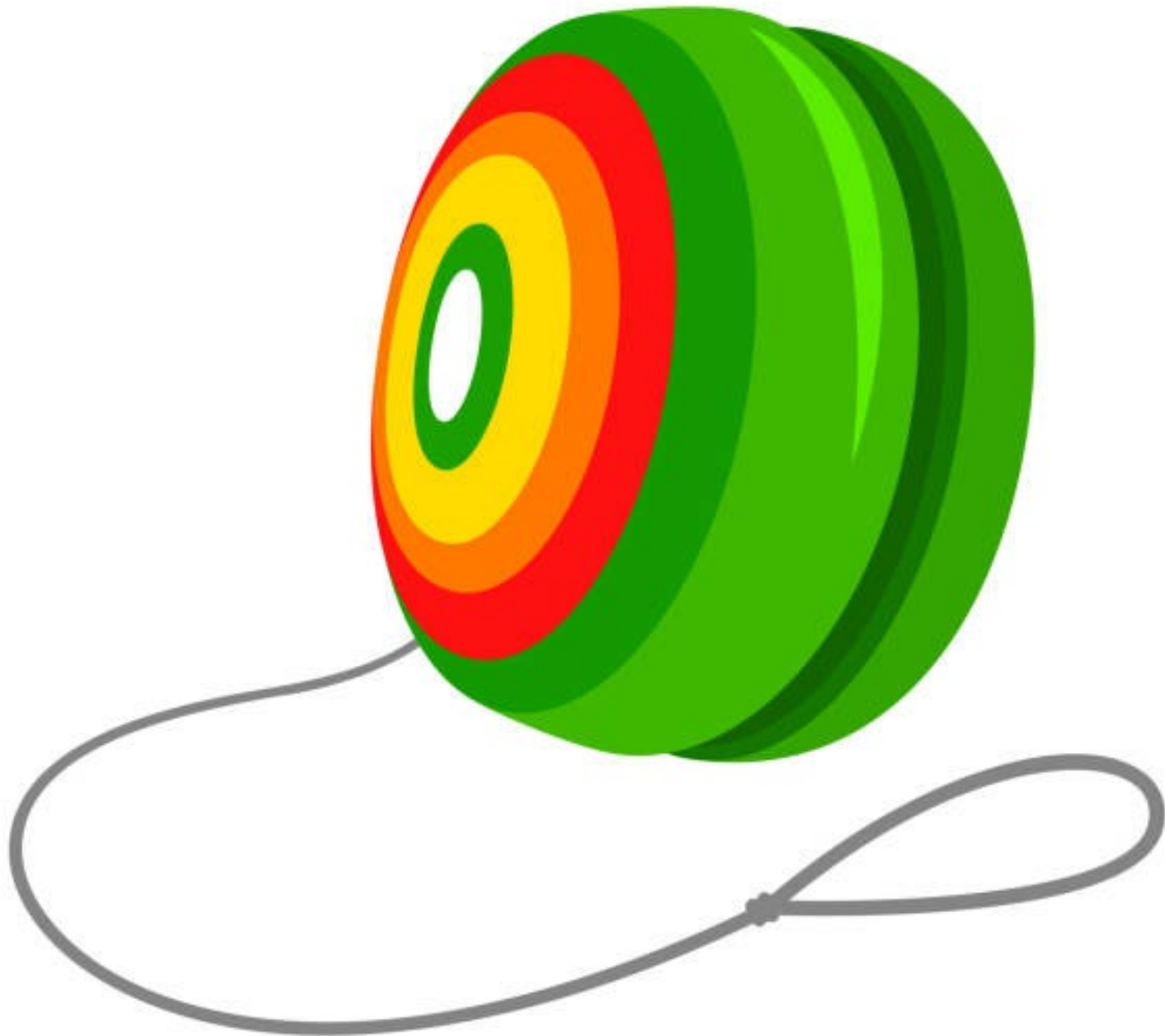
# Jaguar Jacksonville eyes the yoyo, chases it down the beach



- The jaguar is perplexed, hesitant, not knowing exactly what he's seeing.

Tulum is the stage.





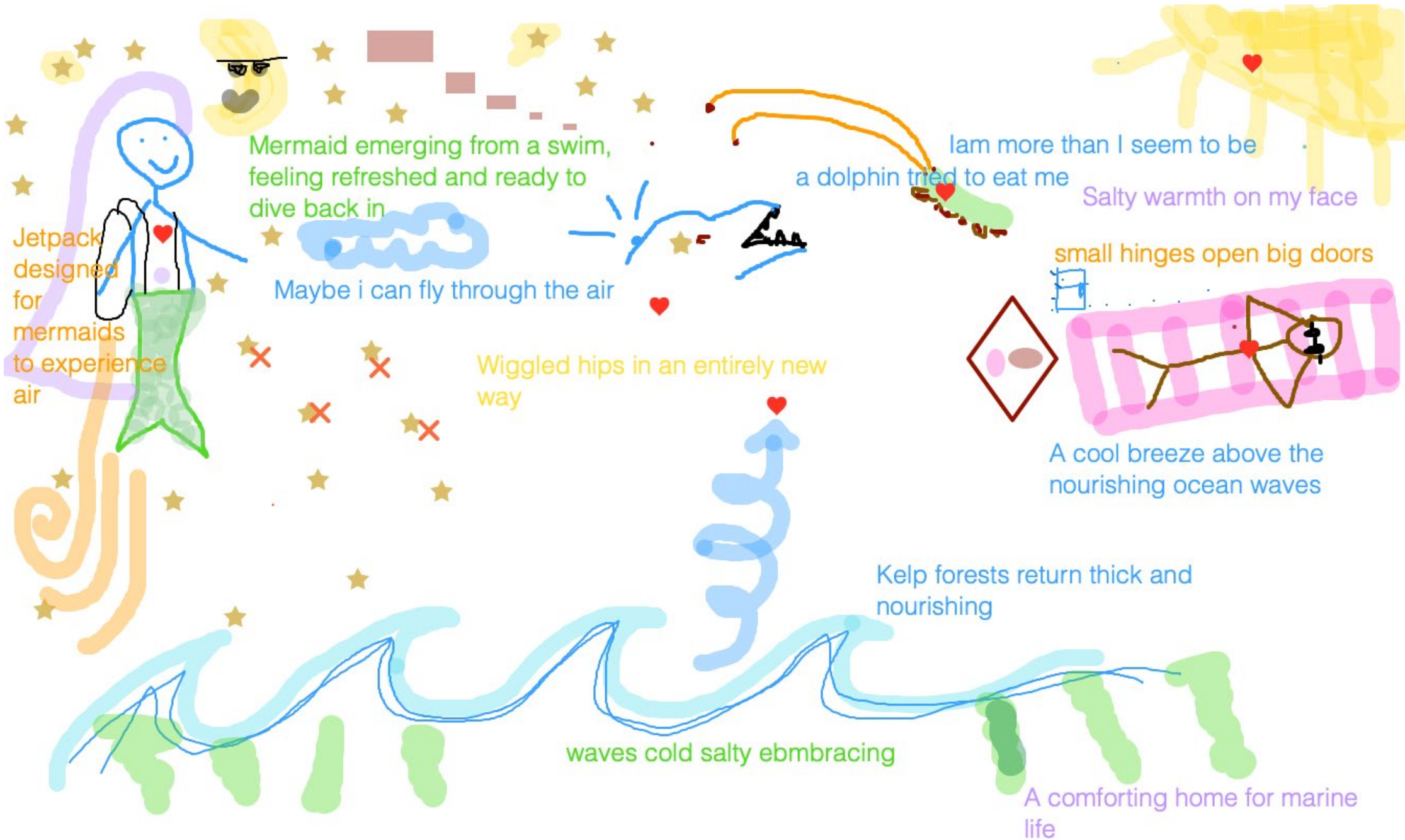
I am a yoyo with  
limitless energy,  
I roll fastest on packed  
sand



Sunset is the cut off for jaguar's adventures



Session 2, May 6



Jetpack designed for mermaids to experience air

Mermaid emerging from a swim, feeling refreshed and ready to dive back in

Maybe i can fly through the air

Wiggled hips in an entirely new way

I am more than I seem to be  
a dolphin tried to eat me

Salty warmth on my face

small hinges open big doors

A cool breeze above the nourishing ocean waves

Keep forests return thick and nourishing

waves cold salty embracing

A comforting home for marine life

# Story 2

A gorilla tries to open a coconut to get to the juice.



Another gorilla steals a coconut from a person with a selfie stick.



Selfie sticks are very obnoxious. They use the selfie stick to break open the coconut.



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The coconut is a shy coconut and doesn't want their picture or video taken.

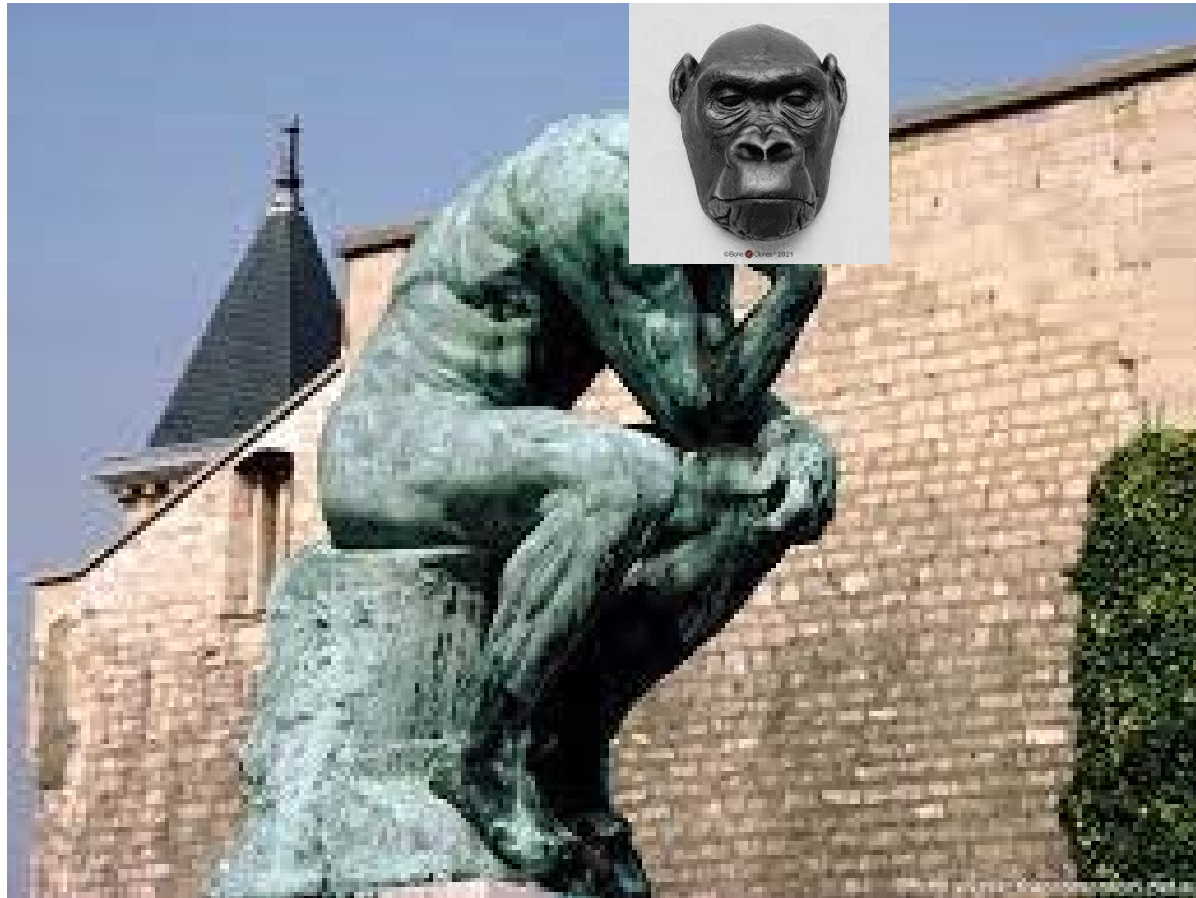




The coconut asks the gorilla to have more depth and be less superficial.



The gorilla complies.



The gorilla learns it's not all about looks.



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“I am very fierce. I will protect you from this obnoxious tourist,” the gorilla says to the coconut.



The small coconut has helped the big gorilla learn humility and compassion. The coconut has learned to accept help and the gorilla has learned that you can take a pause and meditate before reacting.

The gorilla and coconut lay down in the sun and take a nap. No more selfie sticks.



Two have come together to learn from each other and collaborate.

The tourist is directed towards a Safeway where they can buy shredded coconut for \$3.

