Volunteer Guide

PAWS Pet Food Bank

Pets are wonderful support
PAWS keeps people and their pets together.

PAWS Pet Food Bank provides free pet food and supplies for older adults and adults with illnesses and disabilities so they can care for their animal companions. We offer pick-up and home delivery.
OUR CLIENTS

HAVE LOW-INCOME
Our clients may live in marginal housing and in dense and under-resourced neighborhoods. They may not be able to work due to their disability. Many live on less than $1850 a month.

LIVE WITH DISABILITIES
Not all disabilities are visible. Some folks may struggle with mental health and other conditions that aren't immediately apparent.

LOVE THEIR PETS
Our clients navigate poverty, disability, isolation, discrimination, and other stressors and still find time to care for their fur families. We offer supplies and resources so they can do what they do best: care for their pets.
DELIVERY VOLUNTEERS

Aged 18+ or accompanied by a adult guardian

Sign up with a friend or solo to deliver pet food and supplies to 6-12 homes in San Francisco on a Saturday.

Be ready to carry up to 20 lb bags.

DELIVERY CHECK LIST

- Valid Drivers License and insurance (drivers only)
- Drivers bring their own car
- Payment for parking
- Comfortable clothes and weather protection
- Phone Charger
**Boxer Checklist**

- Friday shifts 1:00-3:00 pm
- Saturday shifts 10:30-12:30 pm
- High need for bilingual Spanish/English on Saturdays
- Ready to lift up to 20 lb repeatedly

**Food Bank Boxers**

Volunteers aged 14+ can work with us in the warehouse. Help unload supplies, pack orders, organize the food bank, enter data, and serve clients.
Food Bank volunteers can get started right away.

We provide onsite training for delivery and boxing volunteers. Check out the link below to view our shift calendar.

www.shanti.org/pawsvolunteers
OTHER WAYS TO VOLUNTEER

PET SUPPORT

PAWS volunteers can also support clients through dog walking, temporary foster, and veterinary transport. To explore these opportunities, contact volunteer services.

VOLUNTEERSERVICES@SHANTI.ORG
THANK YOU

SUMMER 2023