

COMPASSION & CONNECTION

Together, we brought compassion and connection to more than 2,000 individuals this past fiscal year.

Fifty years ago, Shanti was founded on the principle that every person deserves compassion, connection, and human dignity. As we celebrate our milestone anniversary, we are reminded of the countless lives touched, the stories of resilience, and the enduring impact of our collective efforts. We are humbled to be a part of this incredible legacy and filled with immense gratitude to all of our staff, volunteers, and supporters who have made this work possible over the past half century.

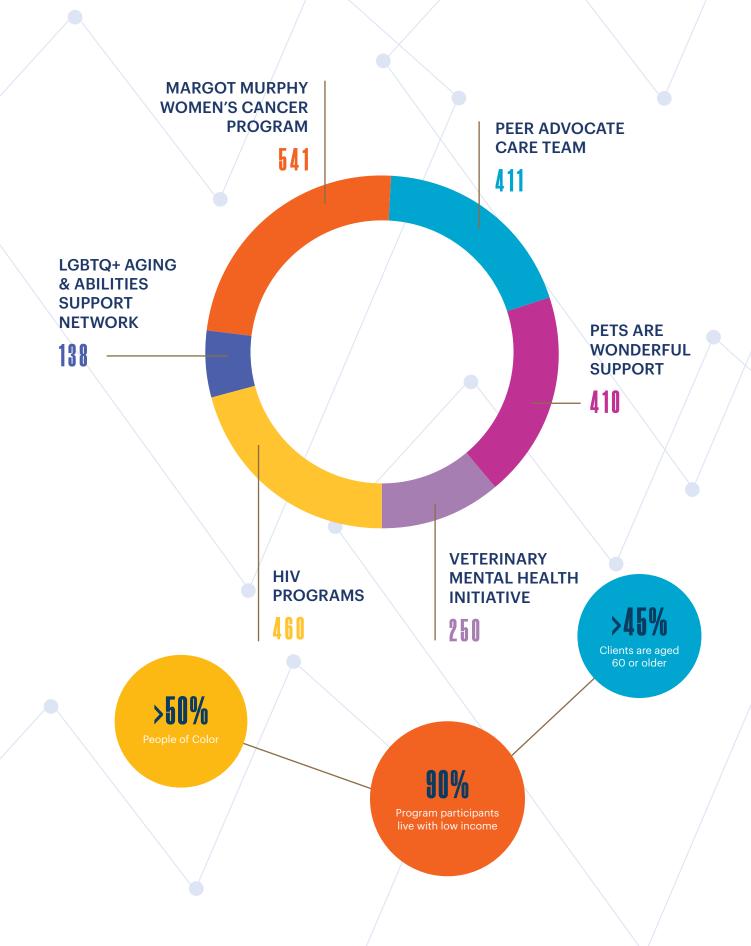
We are honored to share our highlights from the past fiscal year (July 1, 2022-June 30, 2023). Thanks to the dedication of our team and the generosity of our supporters, we have made significant achievements in advancing our mission to reduce isolation, enhance health and well-being, and improve quality of life for our neighbors facing inequities and barriers to care.

As we look ahead, we invite you to join us in continuing this vital work. Whether through volunteering your time, making a donation, or simply spreading awareness, your support makes a tangible difference in the lives of those we serve. Together, let's ensure that the next 50 years are filled with even greater compassion, connection, and positive impact.

Thank you for being part of our journey.

Josh WeinsteinBoard Chair

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Chief Executive Officer



HIV PROGRAMS

HIV Programs exist to ensure that underserved people living with HIV and/or HCV receive the compassionate, cross-cultural support they need to manage their health and well-being. Our nonjudgmental, harm-reduction based services promote robust engagement by clients in their own healthcare, help them overcome barriers to access key resources, and offer opportunities to connect with one another.

- + HIV Programs organized 16 outings designed to build community amongst aging people living with HIV. These outings average 10-15 participants and have included trips to museums, and theatre events, coupled with a meal. Our Stepping Out group took seven clients experiencing isolation on a weekend river rafting trip.
- + Our Integrated Medical Case Management team provided support to 43 high-acuity clients who were at risk for falling out of HIV care.
- + In collaboration with the San Francisco AIDS Foundation, Shanti's HIV Programs held a monthly support group in Spanish for women living with HIV.

14,596

Hours of direct care provided

293

Wellness & Community-Building
Activities offered

91%

Clients surveyed who feel Shanti's programs and services match their needs





LGBTQ+ AGING & ABILITIES SUPPORT NETWORK

LGBTQ+ Aging & Abilities Support Network (LAASN) provides compassionate supportive services that help counteract isolation and emotional, behavioral, and health challenges faced by LGBTQ+ older adults and adults with disabilities. Care navigation and social and wellness programming help clients build and contribute vibrantly to their community.

- + LAASN continued to expand its wellness programming to include regular events such as art classes, park outings, and a Pride party in June that attracted more than 50 clients.
- + LAASN successfully extended its contract with the San Francisco Department of Disability and Aging Services for another four years and was able to add another Care Navigator to help meet an increased demand for client support.
- + LAASN expanded its language capacity, ensuring all services are provided in both Spanish and English.

9.748

Hours of direct care provided

51

Wellness & Community-Building Activities offered

85%

Clients surveyed who feel more engaged in social life since connecting with a Shanti Peer Support Volunteer

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MARGOT MURPHY WOMEN'S CANCER PROGRAM

Margot Murphy Women's Cancer Program mitigates the barriers that women face after a cancer diagnosis. Our multilingual and cross-cultural services help empower women with cancer to overcome linguistic, social, and financial obstacles to access and complete treatment and move into survivorship.

- + In one of our Spanish Health Chat groups, our facilitator guided clients through a session of emotional processing by weaving the colors of their emotions using different colors of yarn. During the session, clients socialized with each other and then each presented their final craft. Clients shared and discussed their emotions and reflections of receiving a cancer diagnosis, going through treatment, and having the support of the community, family, and friends.
- + Staff led a walk with clients to explore the murals of the Mission neighborhood, offering information about the history and artists' inspiration of these murals. Staff provided Spanish and Cantonese interpretation during the walk.
- + We offered Complementary Care Grants (totaling \$15,180.00) to 31 clients, allowing them to work with a practitioner of their choice. Clients are able to use the grant for a variety of complementary care services, which includes massage, acupuncture, yoga, tai chi, hypnosis, meditation, chiropractic, reflexology, Reiki, Ayurvedic medicine, Traditional Chinese Medicine, or retreats.

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7,430

Hours of direct care provided

253

Wellness & Survivorship Support Activities offered

92%

Clients surveyed who feel Shanti services improved their ability to manage their health challenges





PEER ADVOCATE GARE TEAM

Peer Advocate Care Team (PACT) supports the residents of Potrero Hill Terrace and Annex public housing as they navigate the complex realities of living in poverty, while their housing community undergoes redevelopment during the next 10-15 years. Services are designed to support relocation readiness, housing stability, community stewardship, and health and wellness.

- + Staff assisted 18 unleased residents to obtain emergency housing vouchers, enabling them to secure stable housing.
- + The team helped 12 residents relocate to a newer housing development, giving residents the opportunity to realize their goals of moving into a new neighborhood and community.
- We hosted and supported a variety of community outreach activities and events, including the Back to School Backpack giveaway, holiday socials, and open houses.

12.000

Hours of direct care provided

154

Classes and workshops offered

16

Community events held

PETS ARE WONDERFUL SUPPORT (PAWS)

Pets Are Wonderful Support (PAWS) keeps people and their animal companions together in the face of poverty and other hardships that threaten to separate them. We provide free comprehensive animal support services, including pet food, supplies, and veterinary care, for companion animals of older adults and individuals living with disability or chronic illness.

- + PAWS renewed a four-year contract for Animal Bonding services by the San Francisco Department of Disability and Aging Services. This contract helps us serve more than 200 people and more than 250 pets.
- + We provided six in-service trainings to veterinary office staff. These trainings helped educate 51 staff members about trauma-informed care and how clients can most effectively access PAWS services.
- + PAWS was proud to be a key co-author of a study that compared pet guardian experiences during the initial years of COVID-19 and pet guardian experiences during the initial years of the HIV epidemic. One key finding was that despite significant isolation, pets deeply help clients thrive. The study was selected as one of the "Top 12 Research Breakthroughs of 2022" for the entire University of California system.

13,053

Hours of direct support provided

259

Vet visits funded by PAWS

16,021

Pounds of dry pet food provided

61,015

Cans of wet pet food provided

17,305

Pounds of cat litter provided





VETERINARY MENTAL HEALTH INITIATIVE

Veterinary Mental Health Initiative (VMHI) was established in 2021 to provide virtual mental health support services to veterinarians and other veterinary professionals by doctorate-level clinicians. Services included professionally facilitated peer support groups and individual sessions.

- + VMHI expanded our offerings to include tailored groups, including for all veterinary professionals, early career veterinarians and emergency and trauma veterinarians.
- + In partnership with Dr. Nancy Blum, a clinical psychologist for 30+ years and an Assistant Professor of Psychology at Harvard Medical School, VMHI offered a 6-week workshop entitled, "Let's Talk: A Resiliency Series." This workshop was designed to provide a thoughtful opportunity for vets to engage with each other to discuss the topics, challenges, and incentives most important to them in the workplace.
- + We added drop-in groups for veterinarians and staff who could benefit from the support but were unable to make a commitment to our six-week groups due to unpredictable schedules.

hNO

Hours of direct care provided

96

Group support sessions offered

500+

One-on-one sessions provided

FY22-23 IN REVIEW





Shanti gave me a hand during my most difficult time. Everything Shanti has done for me will stay in my heart. I don't feel alone anymore.

9 9 – CUC, CLIENT

PAWS enhances our lives and makes a difference in our world. The Pet Food Bank really helps because I cannot afford all the dog food and supplies. Our gratitude is just soaring for PAWS.

— THERESA, CLIENT

66

Shanti keeps me positive and gives me a strong support system. My Peer **Support Volunteer is** a lifeline to keeping me actively engaged, which is great for my mental health. I used to feel so isolated, and Shanti has made a substantive difference in my life.

→ LARRY, CLIENT

66

Volunteering with Shanti has been life changing for me it's changed my relationship to the city, to its people, and with myself. Approaching someone without judgment, being present, focusing on consistency, and realizing that when you reach out to help someone, they also change something in you.

AMRITA, VOLUNTEER

66

Before I was connected with Shanti, I was abandoned. Now, I have a lot of people who care. Now, I feel like I have a life.

9 9 - EDITH, CLIENT

66

Shanti has made me feel I belong to a community of people who are like-minded, whose aims are noble, who are looking for ways to improve people's lives. It appeals to me on a very deep level. So I have that Shanti family of choice that is very important to me.

— CHIP, CLIENT AND BOARD MEMBER (2009-2024)

VOLUNTEER SERVICES

Volunteer Services recruits, trains, and matches volunteers to Shanti clients. Peer Support Volunteers provide weekly one-on one emotional support and practical assistance to clients. PAWS Volunteers offer supportive companion animal services such as pet food delivery, dog walking, and fostering. Volunteer Services also coordinates volunteers to support agency events and administrative needs.

- + We held five Peer Support Volunteer trainings, attended by 87 participants. During the year, we matched 51 new volunteers with clients in our HIV Programs, LGBTQ+ Aging & Abilities Support Network, and Women's Cancer Program.
- Our team hosted five Pet Assistance Volunteer trainings, attended by 40 participants. These trainings help prepare volunteers to provide dog walking, in-home cat care, and other services for clients of our PAWS program.
- + Volunteers pitched in to support two Shanti galas and pet stocking preparation.

128

Peer Support Volunteers

66

PAWS Volunteers

15,202

Hours provided by our volunteers





COMMUNITY SERVICES

Community Services provides administrative, informational, and process support to the San Francisco HIV Community Planning Council. Staff also support the council's community outreach efforts including the annual community needs assessment. Additional community support currently includes coordination of two mentorship-based workforce development programs: the SF HIV Frontline Organizing Group (SF HIV FOG) Mentor Program and the Community Health Leadership Initiative (CHLI) Workforce Development Training and Mentoring Program.

- + Staff support of the Planning Council included an annual community needs assessment focusing on Black, Latino/a/x, and Youth populations.
- + Members of the FOG Mentor Program Steering Committee presented on the program at the Professional Association of Social Workers in HIV/AIDS Conference in 2023, resulting in an invitation from the New York State Department of Health to present the program to their social work team.
- + Following graduation from the CHLI Program, mentee participants have secured internships and employment positions at organizations such as the San Francisco AIDS Foundation, Glide, St. James Infirmary, Shanti Project, and San Francisco Community Health Center.

2f

Planning Council Members

40

Workforce Development Mentors

17

Workforce Development Mentees

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FY2022-23 BY THE NUMBERS



Fees/Contracts	\$	5,722,838
Donations	\$	424,876
Grants	\$	1,299,807
Special Events Revenue (net)	\$	203,551
Donated Goods & Services	\$	271.342
Other	\$	58.419
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Total Pevenue	ф	7 980 833



Total Expenses	\$ 9,023,026
Fundraising	\$ 672,573
Administration	\$ 1,453,729
Programs	\$ 6,896,724

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